



State of Illinois
Illinois Department on Aging

FY 2020

HOME

DELIVERED

MEALS

REPORT

January 2020
In Accordance with Public Act 93-0484

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Provisions of Public Act 93-0484

Public Act 93-0484 amended the Illinois Act on the Aging to state: “Every citizen of the State of Illinois who qualifies for home-delivered meals under the federal Older Americans Act shall be provided services, subject to appropriation.” These amendments also require the Illinois Department on Aging to file a home delivered meal report with the General Assembly each year. At a minimum, the report must include the following information:

- Estimates, by county, of citizens denied service due to insufficient funds during the preceding fiscal year and the potential impact on service delivery of any additional funds appropriated for the current fiscal year *(Outlined on Pages 23- 26 of the FY 2020 Home Delivered Meal Report)*.
- Estimates of additional funds needed to permit the full funding of the program and the statewide provision of services in the next fiscal year, including staffing and equipment needed to prepare and deliver meals. *(Outlined on Page 27 of the FY 2020 Home Delivered Meal Report)*.
- Geographic areas and special populations unserved and underserved in the preceding fiscal year *(Outlined on Pages 28 - 32 of the FY 2020 Home Delivered Meal Report)*.
- Recommendations for increasing the amount of federal funding captured for the program. *(Outlined on Page 67 of the FY 2020 Home Delivered Meal Report)*.
- Any other information needed to assist the General Assembly and the Illinois Council on Aging in developing a plan to address unserved and underserved areas of the State *(Outlined throughout the FY 2020 Home Delivered Meal Report)*.

The Aging Network in Illinois

The Illinois Department on Aging

The Illinois Department on Aging was created by the State Legislature in 1973 for the purpose of improving the quality of life for Illinois' senior citizens by coordinating programs and services enabling older adults to preserve their independence as long as possible. It is the single state agency in Illinois authorized to receive and dispense Federal Older Americans Act funds, as well as specific state funds, through Area Agencies on Aging and community-based service providers.

The legislative mandate of the Illinois Department on Aging is to provide a comprehensive and coordinated service system for the State's approximately two million older adults, giving high priority to those in greatest need; to conduct studies and research into the needs and problems of the elderly; and to ensure participation by older adults in the planning and operation of all phases of the system. The mission of the Illinois Department on Aging is to serve and advocate for older Illinoisans and their caregivers by administering quality and culturally appropriate programs that promote partnerships and encourage independence, dignity, and quality of life. In fulfilling its mission, the Illinois Department on Aging responds to the dynamic needs of society's aging population through a variety of activities including:

- Planning, implementing, and monitoring integrated service systems;
- Coordinating and assisting the efforts of local community agencies;
- Advocating for the needs of the State's elderly population; and
- Cooperating with federal, state, local, and other agencies of government in developing programs and initiatives.

Area Agencies on Aging

The State of Illinois is divided into 13 Planning and Service Areas (PSAs). There is one Area Agency on Aging designated by the Illinois Department on Aging located within each PSA. In Illinois, 12 not-for-profit agencies and one unit of local government serve as Area Agencies on Aging. Each Area Agency on Aging is responsible for planning, coordinating, and advocating for the development of a comprehensive and coordinated system of services for the elderly and caregivers within the boundaries of the individual PSAs. For additional information on PSAs and Area Agency on Aging locations, refer to pages 21 and 22 of this report.

The Illinois Department on Aging, in accordance with the Older Americans Act, has decentralized the planning process by delegating planning responsibilities to the Area Agencies on Aging. This assures that programs developed by, and services funded by, the Area Agencies on Aging are integrated into the three-year planning cycle followed by the Illinois Department on Aging. This cycle begins with an assessment of the needs of local older adults, family caregivers and grandparents raising grandchildren for services. Through a process of public hearings, surveys, research, and the assistance of the Area Agencies' advisory councils, these needs are ranked in order of importance and matched with available resources.

The proposed funding distribution, budget, and other planning information are then incorporated into an Area Plan on Aging following a format prepared by the Illinois Department on Aging. Also included in the plan is an outline of proposed Area Agency on Aging activities for the coming years. Following public hearings on the proposed Area Plan, the Area Plan is submitted to the Illinois Department on Aging for review and approval. Area Agencies on Aging are permitted to amend their Area Plans annually in response to changing needs, priorities, and funds available. Federal Older Americans Act and State funds are allocated to the Area Agencies on Aging upon approval of the Area Plan or Area Plan annual amendments by the Illinois Department on Aging.

The Area Agencies on Aging in Illinois are not, as a rule, direct service providers. They contract with local providers for services that have been identified as needs through the planning process. The Area Agencies on Aging are responsible for monitoring, evaluating, planning for services, and providing technical assistance as needed. In addition, the Area Agencies on Aging function as advocates for older adults and are the primary disseminators of information relating to aging issues within their respective Planning and Service Areas.

Service Providers

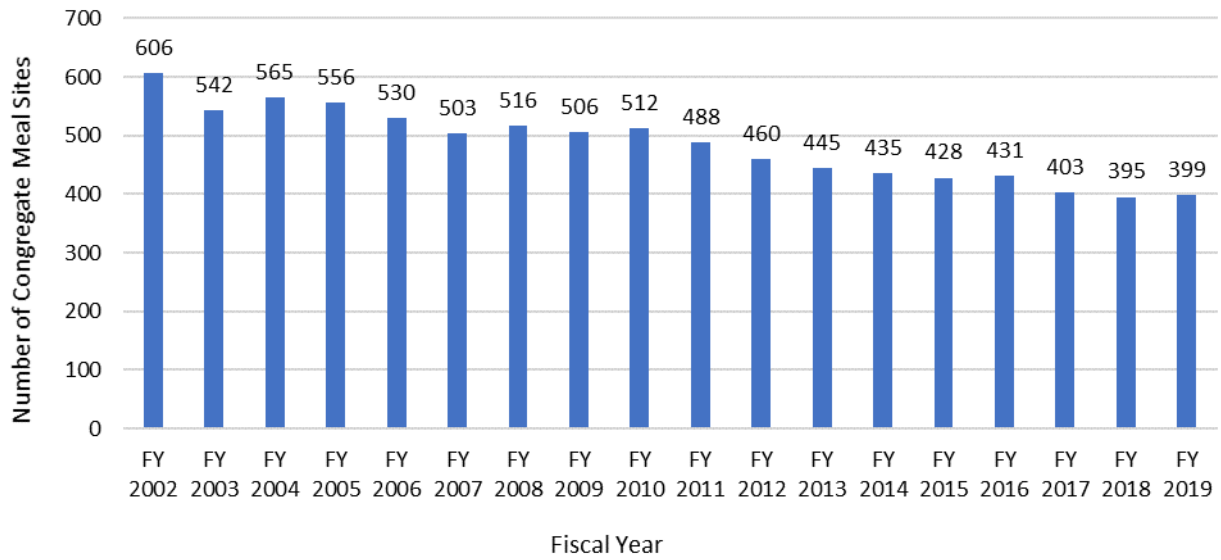
Community-based service providers also represent a key segment of the Aging Network in Illinois because they provide the programs and direct services to older adults and their caregivers.

The direct service delivery system consists of agencies funded with Title III and State funds through Area Agencies on Aging and funded through the Illinois Department on Aging with Community Care Program funds. Many agencies receive both Title III and Community Care Program funding. The Community Care Program providers offer case management, in-home service, adult day service, emergency home response, automated medication dispenser, and other demonstration projects. Title III providers offer a wide range of home and community-based services, including home delivered meals.

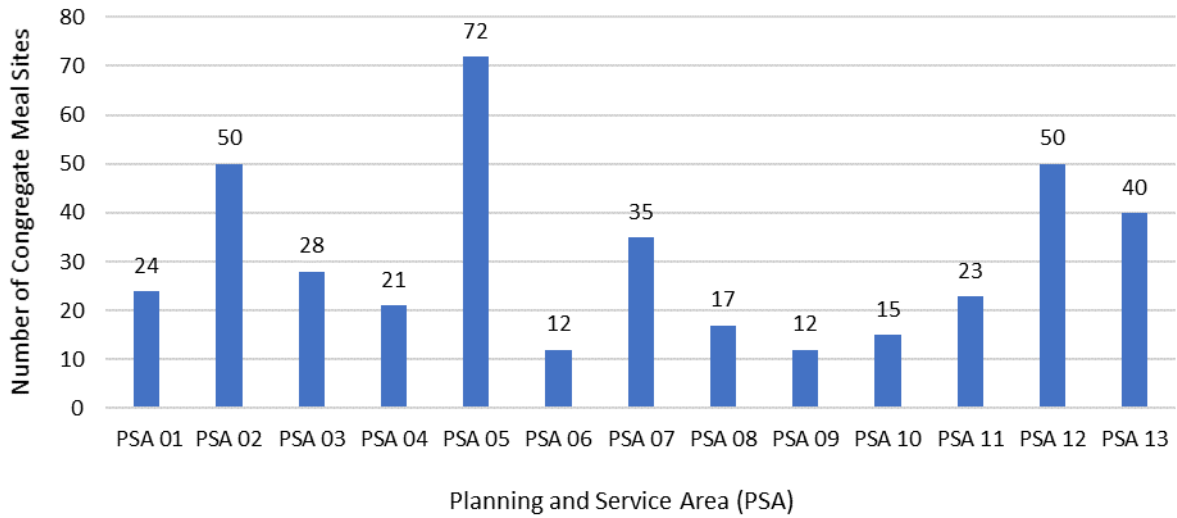
During FY 2020, it is estimated that more than 724,000 older adults, family caregivers and grandparents raising grandchildren will be served by nutrition and social service agencies under Title III of the Older Americans Act. These services include information and assistance, outreach, congregate meals, home delivered meals, transportation, legal assistance, respite care, chore, residential repair, senior center activities, and health promotion and disease prevention.

In FY 2020, more than 2.2 million congregate meals will be served to approximately 89,000 older adults at more than 399 meal sites located throughout the State. Approximately 46,000 homebound elderly will receive an estimated 8.4 million home delivered meals. The following pages outline additional information about nutrition programs in Illinois. These projections are based on the FY 2020 Area Plans submitted by the Area Agencies on Aging. Service projections may need to be revised due to when final federal appropriations are finalized.

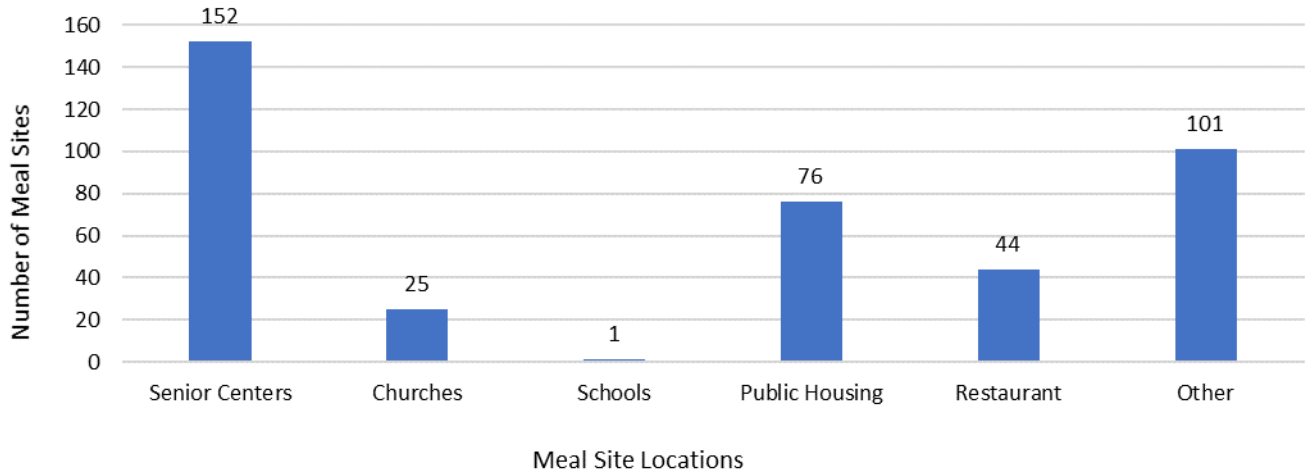
Total Number of Congregate Meal Sites in Illinois



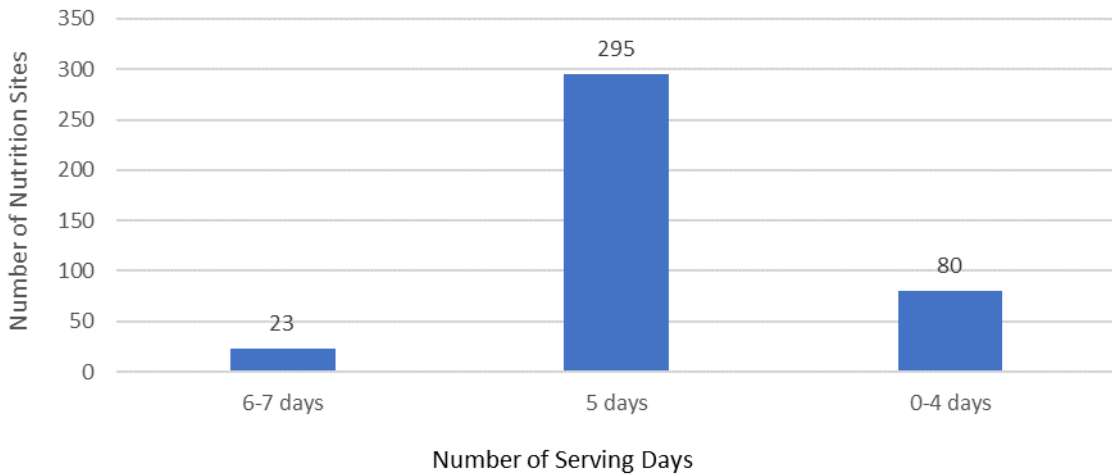
FY 2019 Congregate Sites by Planning and Service Area (PSA)



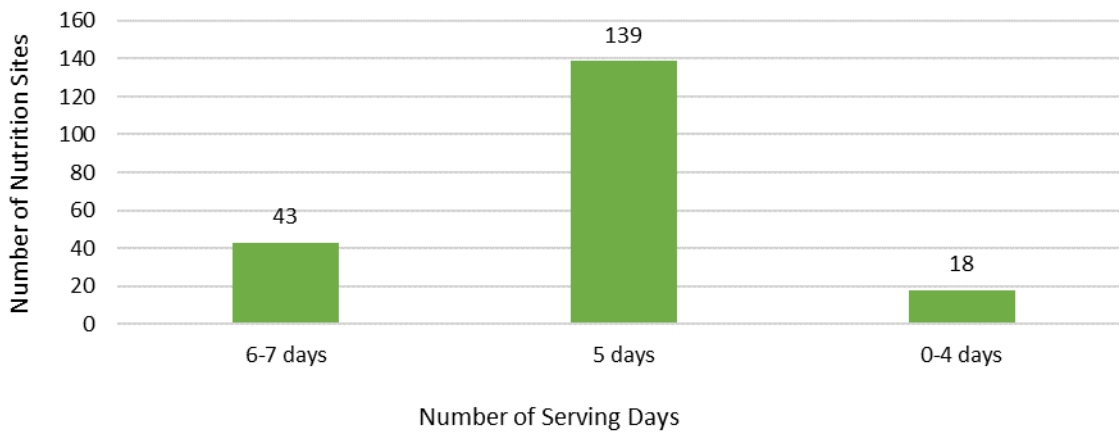
Congregate Meal Site Locations



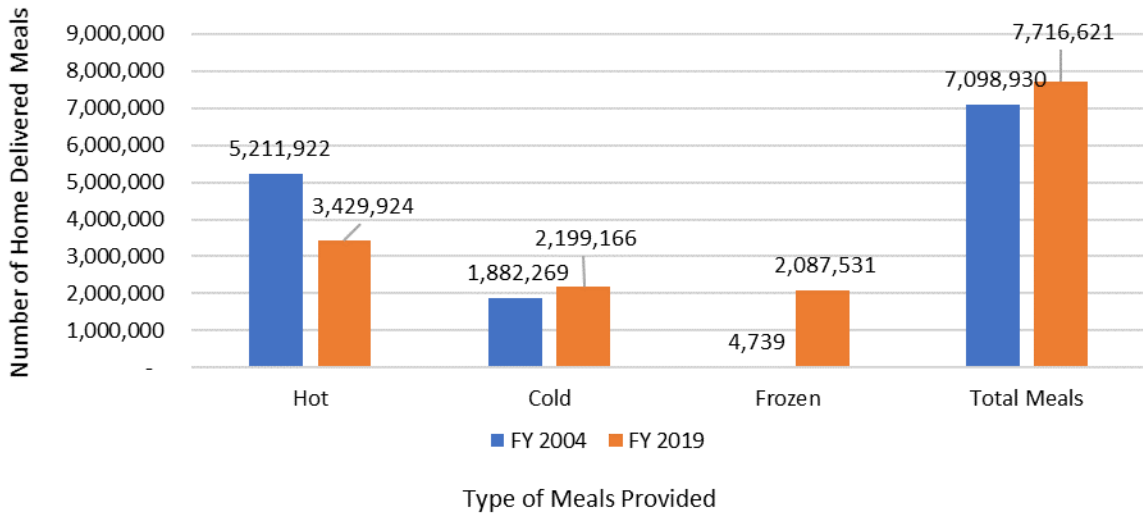
FY 2019 Congregate Meals Number of Nutrition Sites and Serving Days



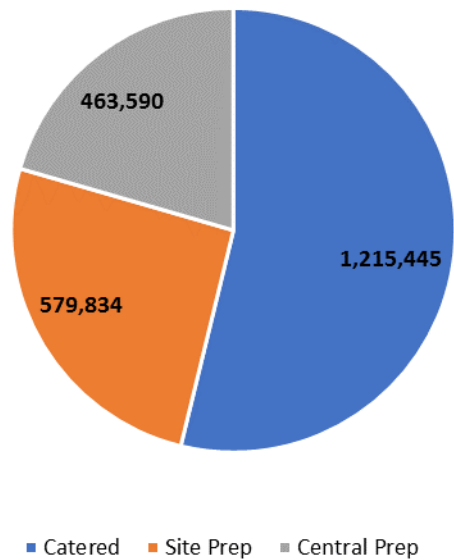
FY 2019 Home Delivered Meals Number of Nutrition Sites and Serving Days

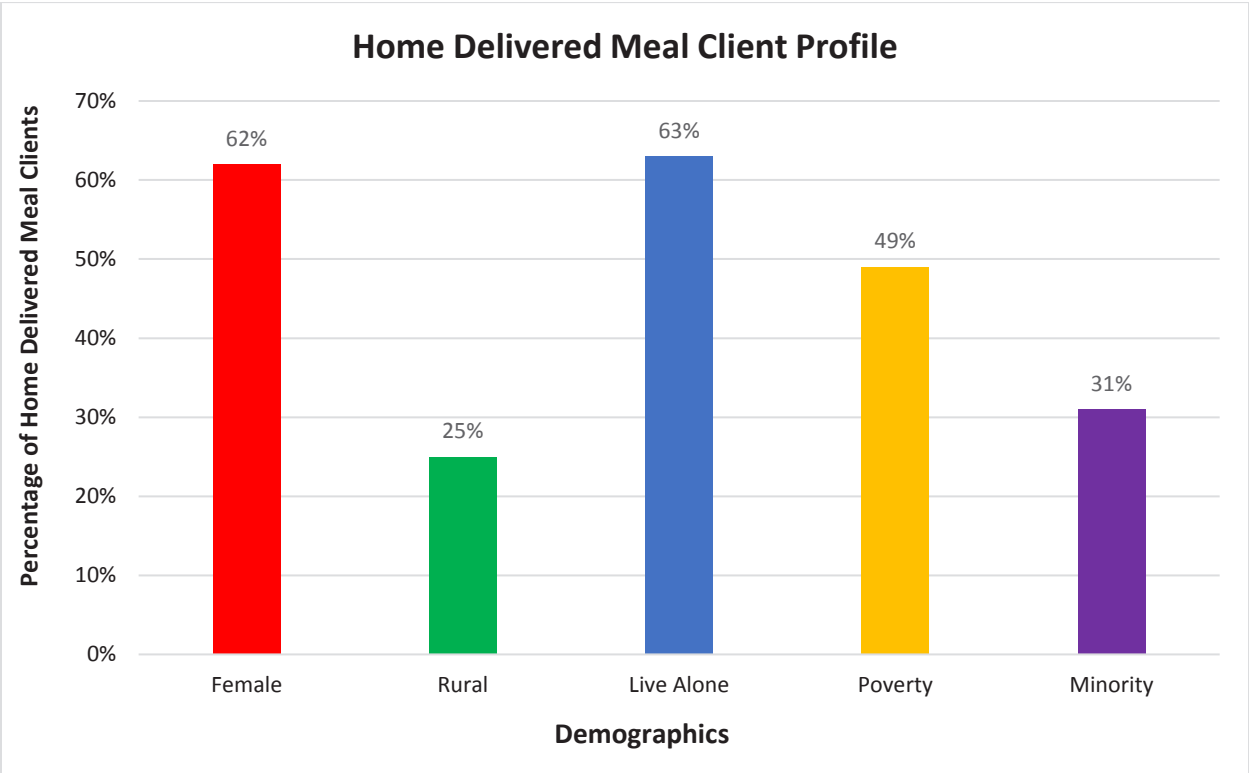
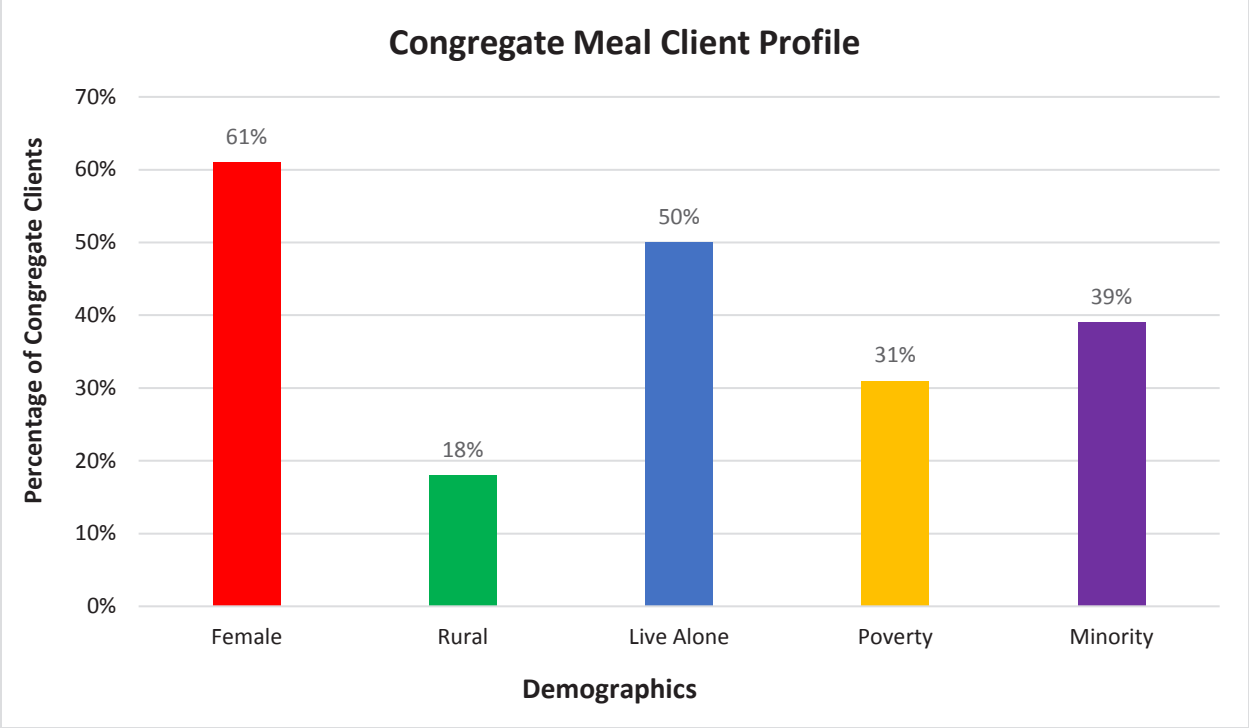


Home Delivered Meals - Type of Meals Provided

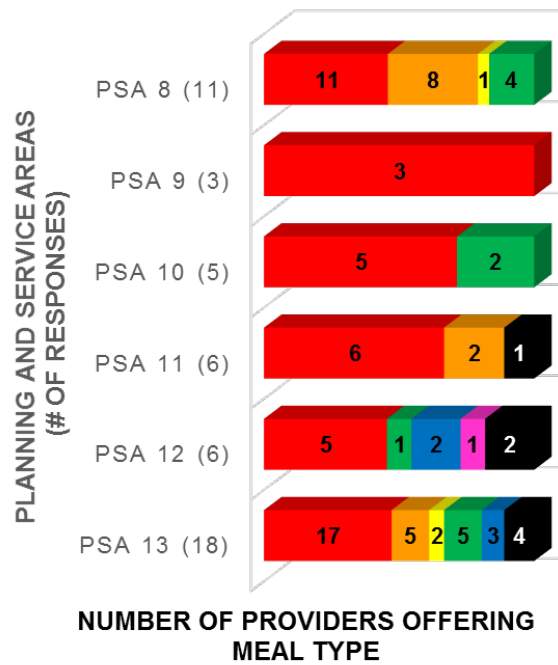
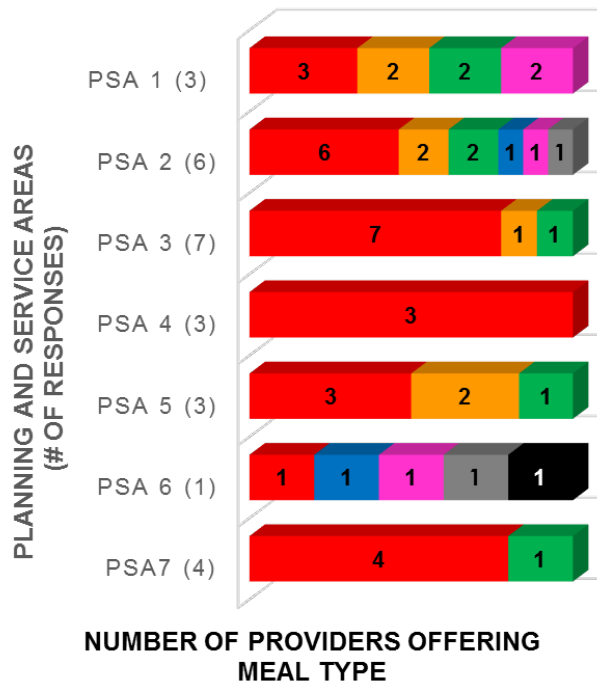


Congregate Meal Preparation





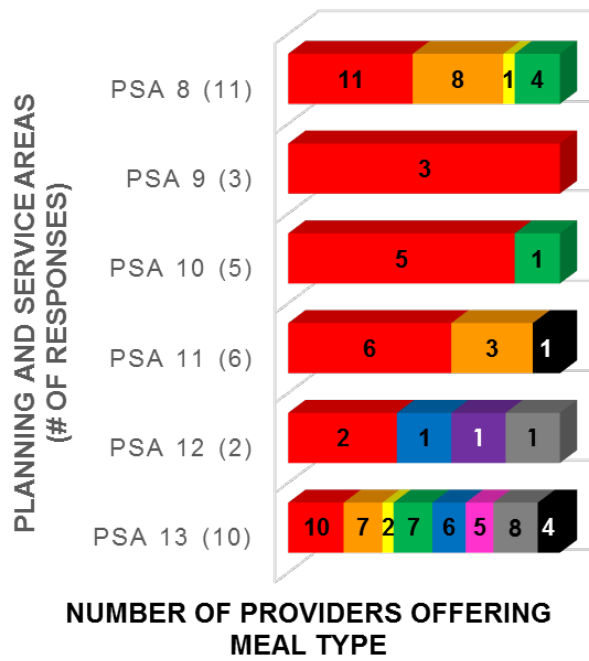
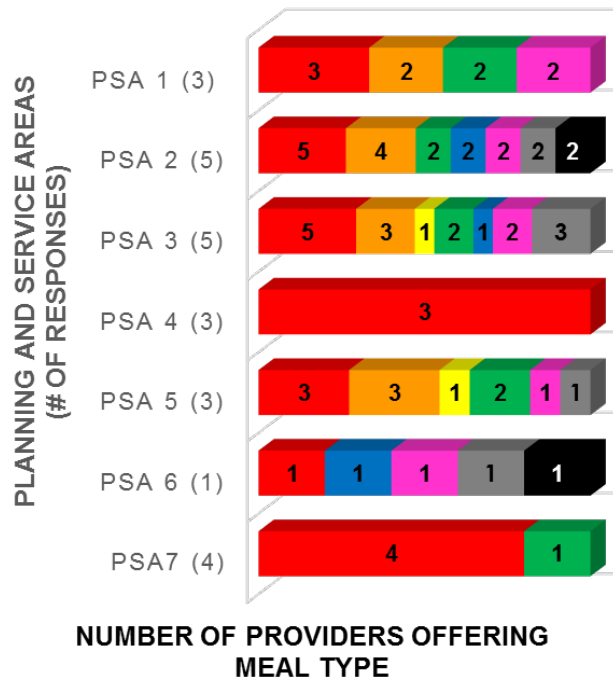
Diets Offered to Congregate Participants by Planning and Service Area (PSA)



- General/Regular
- Diabetic
- Consistent Carb
- Low Sodium
- Vegetarian
- Kosher
- Soft (Dental)
- Pured (Swallowing)
- Other

Note: 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

Diets Offered to Home Delivered Meal Participants by Planning and Service Area (PSA)

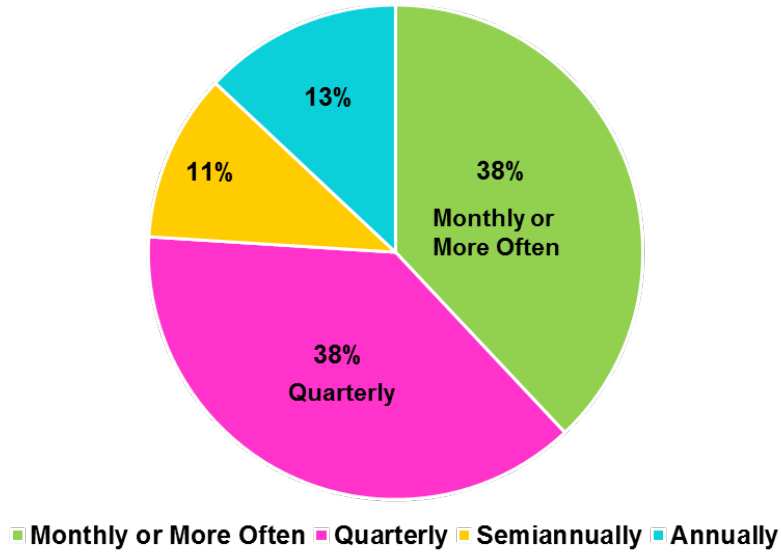


- General/Regular
- Diabetic
- Consistent Carb
- Low Sodium
- Vegetarian
- Kosher
- Soft (Dental)
- Pureed (Swallowing)
- Other

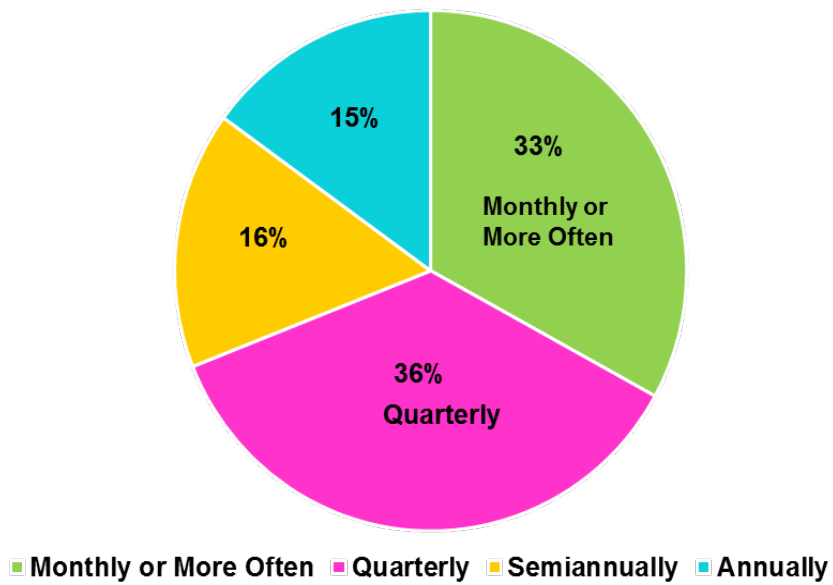
Note: 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

Statewide Frequency that Nutrition Education is Provided to Congregate and Home Delivered Meal Participants

Nutrition Education Provided to Congregate Participants



Nutrition Education Provided to Home Delivered Meal Participants



Note: 2019 Nutrition Service Provider Survey conducted by Illinois Department on Aging

Background and Analysis

With the aging of the U.S. population, increased attention has been directed to delivering health and related services to older adults in the community. Since adequate nutrition is critical to health, functioning, and the quality of life, the Elderly Nutrition Program is an important component of home and community-based services for older adults.

The Illinois Department on Aging's Elderly Nutrition Program provides grants to 13 Area Agencies on Aging and more than 100 nutrition service providers to support nutrition services to older adults throughout Illinois. The Elderly Nutrition Program, authorized under Title III of the Older Americans Act, is intended to improve the dietary intakes of older adults. Meals provided under the Older Americans Act must provide at least one-third of the daily-recommended Dietary Reference Intakes (DRIs) as established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences, if the older adult is offered one meal per day.

While there is no means test for participation in the Elderly Nutrition Program, services are targeted to older adults with the greatest economic or social need, with special attention given to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas as required in the Older Americans Act. In addition, the State expanded this definition to include sexual orientation, gender identity, gender expression, and HIV status through Public Act 101-0325.

Many older adults cannot consistently obtain a nutritious diet. Older adults age 85+, minority older adults, older adults in greatest economic need, older adults who live alone, and individuals with chronic health conditions are at the highest risk of being malnourished. A recent study that compares the Food Security Supplement to the Current Population Surveys conducted by the U.S. Bureau of the Census between 2005 and 2012 documented that 7.3% are marginally food insecure, 6.1% have low food security and 3.9% have very low food security (Strickhouser, Wright & Donley, 2014, p. 3).

Adequate nutrition is critical for healthy aging, the prevention or delay of chronic disease and disease-related disabilities and delay recovery from illnesses. The Aging Network's Nutrition Programs provide congregate and home delivered meals, link older adults to supportive services, decrease social isolation, and provide nutrition education to help decrease or manage chronic health conditions.

Based on a Meals on Wheels America study funded by AARP, those who received daily-delivered meals experienced the greatest improvements in health and quality of life indicators over the study period compared to the other two groups (individuals who received frozen, weekly-delivered meals and the control group) (Thomas & Dosa, 2015).

The home delivered meal program serves the frail elderly in need of long-term support and those in need of short-term intervention due to illnesses. Based on the results of Administration on Aging national surveys, the typical home delivered meal client is an elderly woman age 75 and older who lives alone. She is functionally impaired and has three or more diagnosed chronic health conditions with an income at or below the poverty level. Ninety-one percent of home delivered meal clients report that the services allow them to remain in their homes.

As outlined on the following page, the congregate meal program provides older adults with a nutritional meal, social interaction as well as volunteer opportunities. However, the participation in the congregate meal program has declined over the past 25 years. In FY 1992, the congregate meal program provided meals to more than 97,848 older adults. In FY 2020, the congregate meal program will provide meals to an estimated 89,000 older adults, which is a decline of 9 percent since FY 1992.

This decline in the number of older adults participating in the congregate meal program is also occurring throughout the nation. It is primarily due to younger older adults not participating in the congregate meal program for various reasons (e.g., lack of interest in group meal programs targeted for the elderly and more nutritional and service options in their communities).

In contrast, the home delivered meal program has increased participation levels during the past 25 years, but in recent years due to lack of resources, the participation levels have declined. The highest level of participation was in FY 2000 when over 50,100 individuals were served. In FY 1992, the home delivered meal program provided meals to more than 33,449 older adults. In FY 2020, the home delivered meal service will provide meals to an estimated 46,000 older adults.

There are still areas in Illinois that are not served by home delivered meal programs due to a lack of funding. Many of the current clients need more than 1 meal per day and weekend meals. The Elderly Nutrition Program cannot address most of these needs without additional funding. Additionally, the need for home delivered meals will continue to grow as the number of older adults increases, particularly the group aged 85 and over, which is the fastest growing segment of the older population. The following information outlines the growth of the age 85+ population in Illinois since 1970:

Age 85 + Population in Illinois

1970 Census	1980 Census	1990 Census	2000 Census	2010 Census	2018 Pop. Estimates	% Increase Between 1970 & 2018	% Increase Between 2000 & 2018
81,181	110,945	147,549	192,031	234,912	266,674	+228%	+39%

References:

- Altshuler, N., & Schimmel, J. (2010). *Aging in Place: Do Older Americans Act Title III Services Reach Those Most Likely to Enter Nursing Homes*. Washington DC: Mathematica Policy Research. Retrieved November 28, 2011 from http://www.aoa.gov/AoARoot/Program_Results/docs/2010/AoA_1_NursingHomes_041311.pdf
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Elderly Nutrition Program Services During the Past 25 Years

Persons Served and Meals Provided in Illinois

Fiscal Year	Home Delivered Meals		Congregate Meals		Total Program	
	Persons Served	Meals Provided	Persons Served	Meals Provided	Persons Served	Meals Provided
1996	35,681	5,458,684	92,498	3,818,552	128,179	9,277,236
1997	31,270	5,785,708	69,562	3,718,779	100,832	9,504,487
1998	41,305	6,460,533	79,012	3,636,855	120,317	10,097,388
1999	49,586	6,575,547	85,222	3,536,895	134,808	10,112,442
2000	50,185	6,908,566	91,470	3,508,570	141,655	10,417,136
2001	49,031	7,156,529	87,722	3,368,334	136,753	10,524,863
2002	44,873	6,924,667	91,393	3,385,966	136,266	10,310,633
2003	47,299	6,920,578	95,190	3,346,695	142,489	10,267,273
2004	44,347	7,098,930	88,671	3,319,686	133,018	10,418,616
2005	43,809	6,842,809	80,464	2,988,425	124,273	9,831,234
2006	45,341	6,835,671	82,112	2,903,911	127,453	9,739,582
2007	45,234	7,434,861	74,774	2,747,306	120,008	10,182,167
2008	44,675	7,876,821	71,709	2,693,371	116,384	10,570,192
2009	40,893	7,852,114	73,858	2,562,426	114,751	10,414,540
2010	40,912	7,584,674	99,621	2,805,195	140,533	10,389,869
2011	40,128	7,330,519	87,104	2,560,432	127,232	9,890,951
2012	36,941	6,701,603	84,368	2,516,744	121,309	9,218,347
2013	34,022	6,021,135	81,939	2,412,344	115,961	8,433,479
2014	33,930	5,738,511	81,545	2,360,019	115,475	8,098,530
2015	33,350	5,936,547	82,936	2,403,694	116,286	8,340,241
2016	31,364	5,562,049	87,404	2,341,841	118,768	7,903,890
2017	33,564	6,148,011	78,779	2,234,898	112,343	8,382,909
2018	40,701	7,053,366	81,701	2,249,426	122,402	9,302,792
2019	43,436	7,716,621	85,467	2,258,869	128,903	9,975,490
2020	46,355	8,442,245	89,407	2,268,352	135,762	10,710,597

Note: FY2020 “Persons Served” and FY 2020 “Meals Provided” numbers are projections. Also, the increase in congregate meals in FY2010 was due to ARRA funding.

Statewide Elderly Nutrition Program Expenditures

During the Past 10 Years

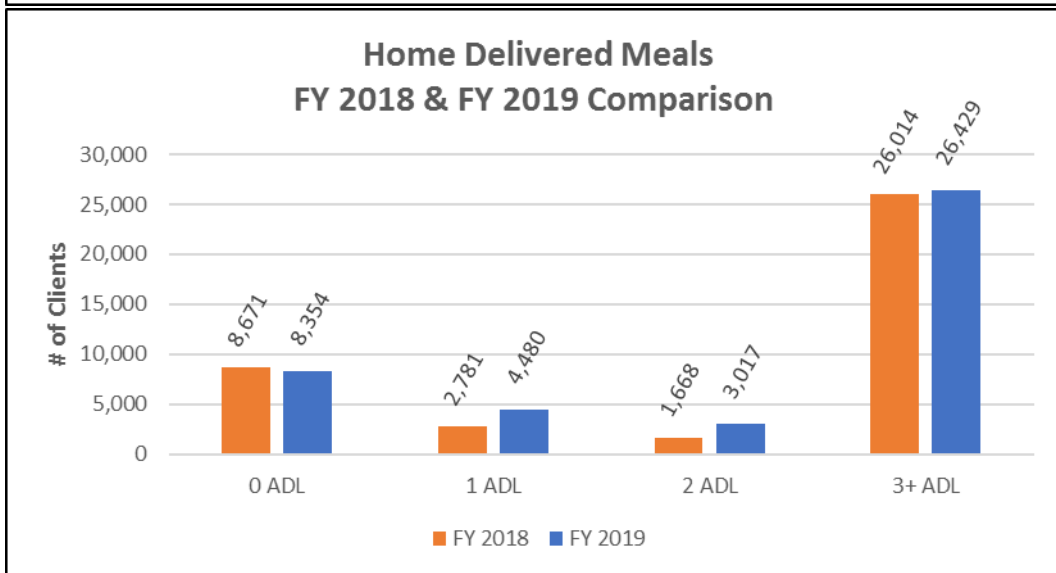
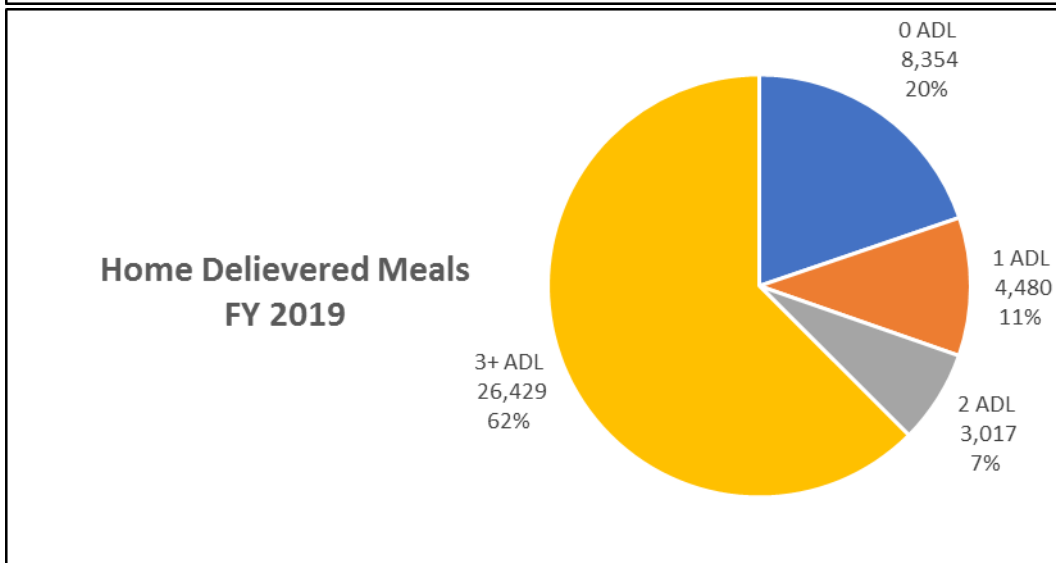
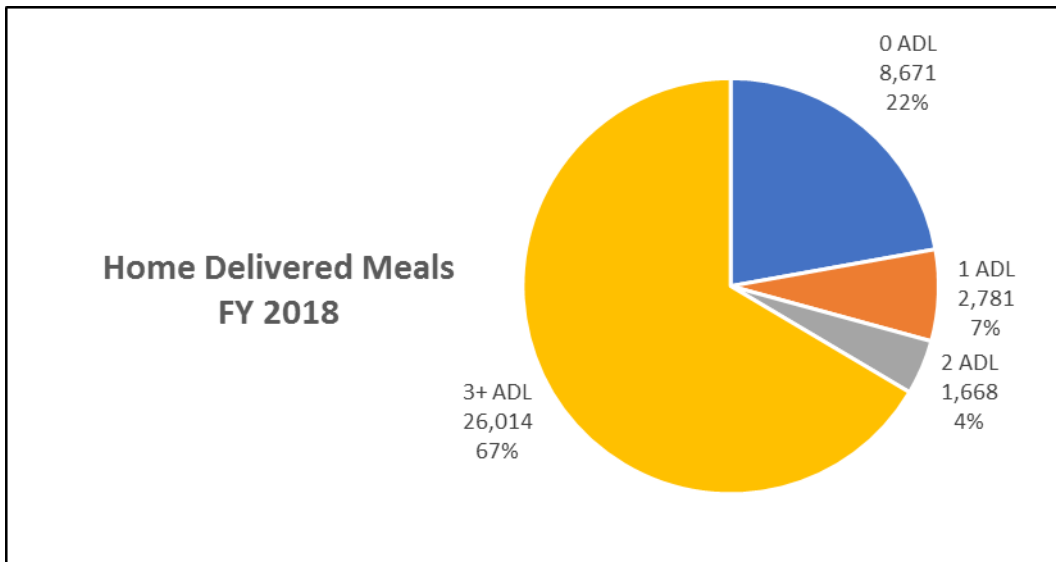
Home Delivered Meals				
Fiscal Year	Federal	GRF	Other	Total
2011	8,251,934	10,125,928	19,315,193	37,693,055
2012	8,305,497	9,134,866	19,458,736	36,899,099
2013	7,462,467	10,943,060	16,114,683	34,520,210
2014	8,297,861	11,828,976	16,961,880	37,088,717
2015	7,926,312	11,796,131	16,977,003	36,699,446
2016	8,219,033	11,764,216	15,752,225	35,735,474
2017	8,041,981	17,600,000	17,546,450	43,188,431
2018	8,765,366	21,777,387	16,963,059	47,505,812
2019	10,981,890	21,804,549	17,281,761	50,068,200
2020	9,267,606	23,806,764	16,325,662	49,400,032

Congregate Meals				
Fiscal Year	Federal	GRF	Other	Total
2011	10,643,812	54,602	13,306,137	24,004,551
2012	10,294,330	38,104	13,190,906	23,523,340
2013	10,446,143	39,735	13,328,224	23,814,102
2014	10,356,601	39,735	12,497,572	22,893,908
2015	10,850,580	53,611	12,184,589	23,088,780
2016	9,437,175	69,772	11,986,733	21,493,680
2017	10,242,080	175,451	12,412,998	22,830,529
2018	10,522,961	224,147	11,667,100	22,414,208
2019	10,425,042	297,156	13,039,778	23,761,976
2020	10,992,629	254,778	11,983,138	23,230,545

Total Meals				
Fiscal Year	Federal	GRF	Other	Total
2011	18,895,746	10,180,530	32,621,330	61,697,606
2012	18,599,827	9,172,970	32,649,642	60,422,439
2013	17,908,610	10,982,795	29,442,907	58,334,312
2014	18,654,462	11,868,711	29,459,452	59,982,625
2015	18,776,892	11,849,742	29,161,592	59,788,226
2016	17,656,208	11,833,988	27,738,958	57,229,154
2017	18,284,061	17,775,451	29,959,448	66,018,960
2018	19,288,327	22,001,534	28,630,159	69,920,020
2019	21,406,932	22,101,705	30,321,539	73,830,176
2020	20,260,235	24,061,542	28,308,800	72,630,577

Note: The "Other" column includes Program Income, Local Match & Nutrition Services Incentive Program (NSIP) awards. FY 2019 and 2020 expenditures are based on Area Plan projections.

Home Delivered Meal Clients with Limited Activities of Daily Living (ADL)



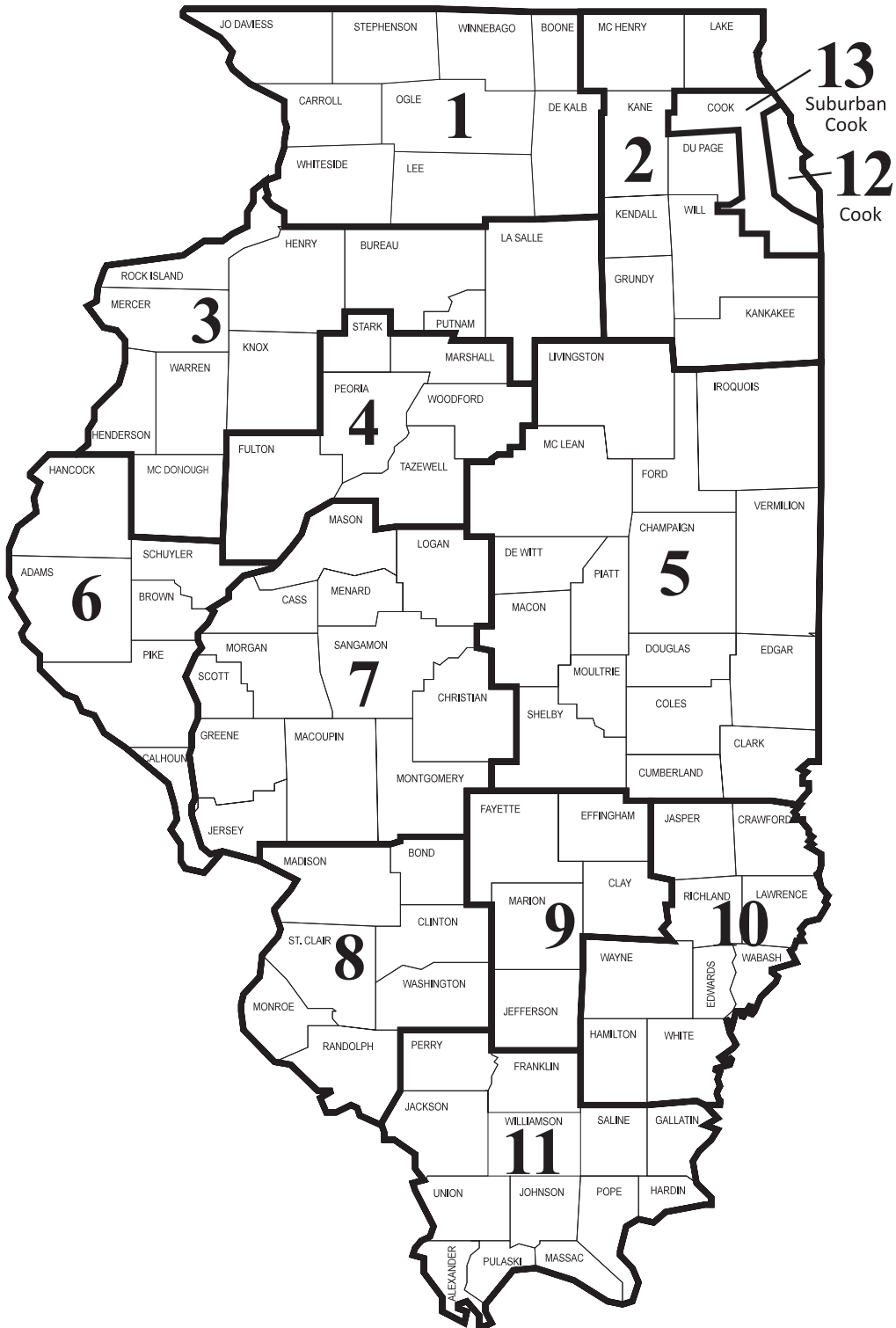
National Survey Results for Home Delivered Meals

The federal Administration on Aging conducted the Twelfth National Survey of Program Clients in 2017. The purpose of this nationally representative sample survey was to collect information on client satisfaction, consumer assessment of service quality, and consumer reported outcomes of clients participating in OAA state and community programs on aging. The following table outlines the results for the home delivered meal service.

National Performance Measures Project Results	% of Home Delivered Meal Clients
Portion of Food Eaten that Home Delivered Meals Represents on a Daily Basis	
Less than 1/3 of all the food	9.6%
Between 1/3 and 1/2 of all the food	23.9%
About ½ of all the food	28.7%
More than ½ of all the food	29.8%
Other	1.8%
Health Issues	
Arthritis/Rheumatism	70.7%
High Blood Pressure/Hypertension	73.1%
Heart Attack/Coronary	43.2%
High Cholesterol	51.3%
Diabetes or High Blood Sugar	37.3%
Asthma	45.9%
Length of Time Receiving Home Delivered Meals	
6 months or less	23.6%
More than 6 months but less than 1 year	17.7%
At least 1 Year but less than 2 years	24.4%
2 to 5 years	23.8%
More than 5 years	6.3%
Home Delivered Meals Help Clients To	
Continue to live in own home	90.6%
Eat healthier foods	79%
Feel better	84.3%
Improve health	77.5%
HDMs Are Good or Excellent	88.8%
Older Adult Likes the HDMs	90%
Older Adults Would Recommend HDMs to Friend	94.8%

ACL Aging, Independence, and Disability (AGID) Program Data Portal – 2017 Home Delivered Meals
<https://agid.acl.gov/DataFiles/NPS/Files.aspx?year=2017&serviceid=4>

Planning and Service Areas in Illinois



Area Agencies on Aging

AREA 01

Northwestern Illinois Area Agency on Aging

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Rockford, IL 61108
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1-800-542-8402 (nine county area ONLY)
Web: www.nwilaaa.org
E-Mail: gnyhammer@nwilaaa.org

AREA 02

AgeGuide

Marla Fronczak, Executive Director
Mailing Address: P.O. Box 809, Kankakee, IL 60901-0809
(Non-U.S. Post Office deliveries):
Kankakee Community College
River Road, West Campus - Building 5
Kankakee, IL 60901
815-939-0727; FAX: 815/939-0022
1-800-528-2000 (calls will be directed to proper source)
E-mail: mfronczak@ageguide.org
Field Office:
1910 S. Highland Ave. Suite 100
Lombard, IL 60148
630-293-5990; FAX: 630/293-7488
Web: www.ageguide.org
E-Mail: info@ageguide.org

AREA 03

Western Illinois Area Agency on Aging

Barbara Eskildsen, Executive Director
729 - 34th Avenue
Rock Island, IL 61201-5950
309-793-6800; FAX: 309/793-6807;
1-800-322-1051 (I & A)
Web: www.wiaaa.org
E-Mail: beskildsen@wiaaa.org

AREA 04

Central Illinois Agency on Aging, Inc.

Keith Rider, President & CEO
700 Hamilton Boulevard
Peoria, IL 61603-3617
309-674-2071; FAX: 309/674-3639;
1-877-777-2422; 309-674-1831 (TTY)
Web: www.ciaoa.net
E-Mail: krider@ciaoa.net

AREA 05

East Central Illinois Area Agency on Aging, Inc.

Susan Real, Executive Director
1003 Maple Hill Road
Bloomington, IL 61704-9327
309-829-2065; FAX: 309-829-6021;
1-800-888-4456 (I & A) (sixteen county area ONLY)
Web: www.eciaaaa.org
E-Mail: SREAL@eciaaaa.org

AREA 06

West Central Illinois Area Agency on Aging

Michael Drew, Director
Mailing Address:
P. O. Box 428, Quincy, IL 62306-0428
(Non-U.S. Post Office deliveries):
639 York Street, Room 204, Quincy, IL 62301
217-223-7904; FAX: 217-222-1220;
1-800-252-9027 (I & A) (Voice & TTY)
Web: www.wciagingnetwork.org
E-Mail: michael.drew@wciagingnetwork.org

AREA 07

Area Agency on Aging for Lincolnland, Inc.

Carolyn Austin, Executive Director
3100 Montvale Drive
Springfield, IL 62704-4278
217-787-9234 (Voice & TTY); FAX: 217-787-6290;
1-800-252-2918 (I & A) (217, 309 & 618 area codes ONLY)
Web: www.aginglinc.org
E-Mail: caustin@aginglinc.org

AREA 08

AgeSmart Community Resources

Joy Paeth, Chief Executive Officer
801 W State St
O'Fallon, IL 62269
618-222-2561; FAX: 618-222-2567;
1-800-326-3221
Web: www.AgeSmart.org
E-Mail: jpaeth@AgeSmart.org

AREA 09

Midland Area Agency on Aging

Tracy Barczewski, Executive Director
Mailing Address:
434 South Poplar
Centralia, IL 62801-1420
618-532-1853; FAX: 618-532-5259;
1-877-532-1853
Web: www.midlandaaa.org
E-Mail: tracy@midlandaaa.org

AREA 10

Southeastern Illinois Agency on Aging, Inc.

Shana Holmes, Executive Director
516 Market Street
Mt. Carmel, IL 62863-1558
618-262-2306; FAX: 618-262-4967;
1-800-635-8544 (618 area code ONLY)
Web: www.seiaoa.com
E-Mail: southeasternaaceoshana@gmail.com

AREA 11

Egyptian Area Agency on Aging, Inc.

Becky Salazar, Executive Director
200 East Plaza Drive
Carterville, IL 62918-1982
618-985-8311; FAX: 618-985-8315;
1-888-895-3306
Web: www.egyptianaaa.org
E-Mail: Becky.salazar@egyptianaaa.org

AREA 12

Senior Services Area Agency on Aging

Chicago Department of Family and Support Services

Joyce Gallagher, Executive Director
1615 West Chicago Avenue, 3rd Floor
Chicago, IL 60622
312/744-4016; FAX: 312-744-8168;
312/744-6777 (TTY)
Web: www.cityofchicago.org/aging
E-Mail: mary_joyce.gallagher@cityofchicago.org

AREA 13

AgeOptions, Inc.

Diane Slezak, President & CEO
1048 Lake Street, Suite 300
Oak Park, IL 60301
708-383-0258; FAX: 708-524-0870; 708-524-1653 (TTY);
1-800-699-9043 (Suburban Cook County area ONLY)
Web: www.ageoptions.org
E-Mail: diane.slezak@ageoptions.org

Number of Older Adults Denied Home Delivered Meals and Number of Older Adults on Waiting Lists

The following information outlines the estimated number of older adults denied home delivered meals in FY 2019 and the current number of older adults on waiting lists due to insufficient funding. It is estimated that 261 older adults were denied home delivered meals in FY 2019 due to insufficient funding. This is a 56 percent decrease since FY 2018. At the present time, 682 older adults are on waiting lists for home delivered meals throughout Illinois; this is a 48 percent increase over the past year.

Name of PSA and County	FY 2019 # of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 01 – Northwestern Illinois Area Agency on Aging		
Boone	0	0
Carroll	0	0
DeKalb	89	90
Jo Daviess	0	0
Lee	0	0
Ogle	0	0
Stephenson	0	0
Whiteside	0	0
Winnebago	0	0
PSA 01 Total:	89	90
PSA 02 – AgeGuide		
DuPage	0	0
Grundy	0	0
Kane	0	0
Kankakee	0	41
Kendall	0	0
Lake	0	0
McHenry	0	0
Will	0	69
PSA 02 Total	0	110
PSA 03 – Western Illinois Area Agency on Aging		
Bureau	0	27
Henderson	0	0
Henry	0	0
Knox	0	30
LaSalle	0	151
McDonough	0	7
Mercer	0	0
Putnam	0	8
Rock Island	0	144
Warren	0	0
PSA 03 Total	0	367

Name of PSA and County	FY 2019 # of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 04 – Central Illinois Agency on Aging		
Fulton	0	0
Marshall	0	0
Peoria (NHA)	0	0
Stark	0	0
Tazewell (NHA)	0	0
Woodford	0	0
PSA 04 Total	0	0
PSA 05 – East Central Illinois Area Agency on Aging		
Champaign	0	0
Clark	0	0
Coles	0	0
Cumberland	0	0
DeWitt	0	0
Douglas	0	0
Edgar	0	0
Ford	0	0
Iroquois	0	0
Livingston	0	0
Macon	0	0
McLean	0	0
Moultrie	0	0
Piatt	0	0
Shelby	0	0
Vermilion	0	0
PSA 05 Total	0	0
PSA 06 – West Central Illinois Area Agency on Aging		
Adams	0	0
Brown	0	0
Calhoun	0	0
Hancock	0	0
Pike	0	0
Schuyler	0	0
PSA 06 Total	0	0

Name of PSA and County	FY 2019 # of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 07 – Area Agency on Aging for Lincolnland		
Cass	0	0
Christian	0	0
Greene	0	0
Jersey	0	0
Logan	0	0
Macoupin	0	0
Mason	0	0
Menard	0	0
Montgomery	0	0
Morgan	10	20
Sangamon	0	0
Scott	0	0
PSA 07 Total	10	20
PSA 08 – AgeSmart Community Resources		
Bond	0	0
Clinton	0	0
Madison	0	0
Monroe	0	0
Randolph	0	0
St. Clair	0	0
Washington	0	0
PSA 08 Total	0	0
PSA 09 – Midland Area Agency on Aging		
Clay	0	0
Effingham	0	0
Fayette	0	0
Jefferson	0	0
Marion	0	0
PSA 09 Total	0	0
PSA 10 – Southeastern Illinois Agency on Aging		
Crawford	0	0
Edwards	0	0
Hamilton	0	0
Jasper	0	0
Lawrence	1	0
Richland	0	0
Wabash	0	0
Wayne	0	0
White	0	0
PSA 10 Total	1	0

Name of PSA and County	FY 2019 # of Older Adults Denied HDMS due to Lack of Funding	Current # of Older Adults on Waiting Lists
PSA 11 – Egyptian Area Agency on Aging		
Alexander	15	10
Franklin	110	110
Gallatin	0	0
Hardin	0	0
Jackson	0	0
Johnson	5	5
Massac	9	7
Perry	0	0
Pope	0	0
Pulaski	12	0
Saline	0	0
Union	10	14
Williamson	0	0
PSA 11 Total	161	146
PSA 12 – Department of Family & Support Services		
Cook County	0	0
PSA 12 Total	0	0
PSA 13 – AgeOptions, Inc.		
Suburban Cook County	0	0
PSA 13 Total	0	0
STATEWIDE TOTAL:	261	682

Additional Funding Needed for Older Adults Denied Services and for Older Adults on Waiting Lists

PSA	Additional Funds Needed for Older Adults Denied Services	Additional Funds Needed for Older Adults on Waiting Lists	Comments
01	\$215,380	\$2,420	Includes meal preparation and delivery, funds for two hot shot vehicles, and funds for four replacement ovens.
02	\$0	\$273,900	Includes funds for meal cost and delivery. Kankakee funds needed \$119,064 and Will County funds needed \$154,836 for a total of \$273,900 for those on waiting lists.
03	\$0	\$677,864	Includes funds for 2 hot shot delivery vehicles, 3 cars, and costs associated with meal preparation and delivery.
04	\$0	\$0	
05	\$722,638	\$0	Funds needed for personnel, fringe, mileage, food costs and three delivery vehicles.
06	\$0	\$0	
07	\$43,258	\$66,775	Includes funds for meals, wage increase for personnel, supplies, and associated delivery costs.
08	\$0	\$0	
09	\$84,230	\$0	Additional funds to reimburse volunteers, a delivery vehicle, equipment, personnel, and delivery funds.
10	\$135,320	\$0	Includes funds for food, supplies, fuel, personnel, a new vehicle, maintenance, and insurance.
11	\$370,819	\$321,953	Includes funds for meal preparation, personnel, and delivery
12	\$0	\$0	In FY 19 the city of Chicago allocated \$1.8 million in order to meet the demand for home delivered meals.
13	\$0	\$0	Funds needed to continue to provide ethnic meals and special diets to keep up with current rate of increase.
Total:	\$1,571,645	\$1,342,912	

Number of Older Adults Needing Home Delivered Meals in Unserved Areas

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the estimated number of older adults needing home delivered meals in unserved areas. “Unserved areas” is defined as geographic areas (e.g., rural township areas or neighborhoods in cities, etc.) that are not served by the home delivered meal program due to lack of funding or the need for additional volunteers to deliver the meals.

In Fiscal Year 2020, the Area Agencies on Aging estimate that a total of 1,387 older adults need home delivered meals in unserved areas of Illinois. In Fiscal Year 2019, this number was 1,051.

The following pages outline the results of the survey by PSA and by county.

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 01 – Northwestern Illinois AAA		
Boone	N/A	0
DeKalb	Afton Township	0
	Pierce Township	0
	Portion of Squaw Grove Township	0
	South Grove Township	0
	Mayfield Township	0
	Milan Township	0
	Paw Paw Township	0
	Fairdale	1
Lee	N/A	0
Ogle	N/A	0
Winnebago	N/A	0
PSA 01 Total		1
PSA 02 – AgeGuide		
DuPage	N/A	0
Grundy	N/A	0
Kane	N/A	0
Kankakee	N/A	41
Kendall	N/A	0
Lake	N/A	0
McHenry	N/A	0
Will	N/A	69
PSA 02 Total		110

PSA and County	Unserviced Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 03 – Western Illinois AAA		
Bureau County	N/A	0
Henderson County	N/A	0
Henry County	Clover, Loraine, Oxford, Phoenix, Yorktown	75
Knox County	N/A	0
LaSalle County	N/A	0
McDonough County	Blandinsville, Industry, Sciota, Walnut Grove, Mound, New Salem, LaMoine, Bethel, El Dorado	7
Mercer County	N/A	0
Putnam County	N/A	0
Rock Island County	N/A	0
Warren County	N/A	0
PSA 03 Total		82
PSA 04 – Central Illinois Agency on Aging		
Fulton County	Bernadotte, Ellisville, and Marietta	10
Marshall County	Pattonburg, Wilburn, Hopewell, LaPrairie, Lawn Ridge, Broadmoor, and Whitefield	20
Peoria County	Elmwood, Brimfield	10
Stark County	Castleton, Duncan, Elmira, Lombardville, Modena	15
Tazewell County	Hopedale, Green Valley, Minier, Armington, Delevan, Washington, and Mackinaw	30
Woodford County	El Paso, Eureka, Minonk, Bayview Gardens, Congerville, Germantown Hills, Goodfield, Panola, Secor, and Spring Bay	40
PSA 04 Total		125

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 05 – East Central Illinois AAA		
Champaign	Ayers, Compromise, Crittenden, East Bend, Kerr, Ogden, Raymond, Stanton, St. Joseph	40
Clark	Anderson, Auburn, Darwin, Dolson, Douglas, Johnson, Melrose, Orange, Wabash, York	30
Coles	Morgan, Seven Hickory	15
Cumberland	Union	5
DeWitt	Barnett, Creek, DeWitt, Harp, Rutledge, Texas, Tunbridge, Wapella, Waynesville, Wilson	20
Douglas	Bourbon, Bowdre, Garrett, Sargent	15
Edgar	Brouilletts Creek, Elbridge, Hunter, Prairie, Stratton, Symmes	30
Ford	Brenton, Button, Dix, Mona, Pella, Rogers, Sibley, Wall	15
Iroquois	Artesia, Ashkum, Beaverville, Chebanse, Concord, Crescent, Danforth, Douglas, Fountain Creek, Iroquois, Loda, Lovejoy, Martinton, Milks Grove, Onarga, Papineau, Prairie Green, Ridgeland, Sheldon, Stockland	20
Livingston	Amity, Avoca, Belle Prairie, Broughton, Chatsworth, Charlotte, Eppards Point, Esmen, Forrest, Germanville, Indian Grove, Long Point, Newton, Nevada, Odell, Owego, Pike, Pleasant Ridge, Rooks Creek, Round Grove, Saunemin, Sullivan, Sunbury, Strawn, Union, Waldo	20
Macon	N/A	0
McLean	N/A	0
Moultrie	Dora, East Nelson, Jonathan Creek, Lowe	20
Piatt	Cerro Gordo, Sangamon, Unity, Willow Branch	5
Shelby	Flat Branch, Penn, Rural,	5
Vermilion	N/A	0
PSA 05 Total		240
PSA 06 – West Central Illinois AAA		
Adams	Mendon, Camp Point, Clayton, Payson, Golden	50
Brown	Timewell, Ripley, Buckhorn, Cooperstown	50
Calhoun	Brussels, Golden Eagle, Kampsville, Batchtown	50
Hancock	Nauvoo, Warsaw, LaHarpe, Bowen, Augusta	50
Pike	Barry, Griggsville, Pleasant Hill, New Canton, Pearl	50
Schuyler	Littletown, Camden	50
PSA 06 Total		300

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 07 – Area Agency on Aging for Lincolnland		
CAPCIL: Logan, Mason	N/A	0
Cass	Arenzville, Chandlerville	2
CEFS: Christian	Rosamond, Millville, Clarksdale, Senobia, Sicily, Grove City, Mt Auburn, Sharpsburg, Langleyville, Osbernville	21
CEFS: Montgomery	Honey Bend, Schram City, Van Burensburg, Coalton	15
IVEDC: Macoupin	Chesterfield, Nilwood, Atwater, Standard City, Rural Carlinville	10
IVEDC: Green, Jersey	N/A	0
Morgan	Murrayville, Chapin, Concord, Meredosia	4
PCoA	N/A	0
Scott	Alsey, Exeter, Manchester, Naples	4
SSCI: Menard	N/A	0
SSCI: Sangamon	N/A	0
PSA 07 Total		56
PSA 08 – AgeSmart Community Resources		
Bond	N/A	0
Clinton	N/A	0
Madison	N/A	0
Monroe	N/A	0
Randolph	Steeleville (only goes 1 mile out of town)	10
St. Clair	Fayetteville	2
Washington	Wamac	3
PSA 08 Total		15
PSA 09 – Midland AAA		
Clay	Keptown, Dexter (Jackson Twmsp) Gilmore (West Twmsp) Funkhouser (Summit)	14
Effingham	Ingram, Bayle City, Shaeffer, Hagerstown, Shobonier, Vena	12
Fayette	Hord (Blair Twmsp), Lola (Larkinsburg Twmsp), Sailor Springs, Ingraham, Wendelin (Pixley Twmsp)	11
Jefferson	Outlying areas of Jefferson County	20
Marion	Luka	4
PSA 09 Total		61

PSA and County	Unserved Townships/Communities/Neighborhoods	# of Older Adults Needing HDMs
PSA 10 – Southeastern Illinois Agency on Aging		
Crawford, Jasper, Richland	Duncanville, West York, Hutsonville, Flat Rock, Belair, New Hebron, Hardinville, Piercefield, Porterville, Hidalgo, Wheeler, Bogota, Hunt City, Yale, West Liberty, Rose Hill, Berryville, Dundas, Wynoose, Calhoun, Parkersburg and Claremont	0
Edwards	N/A	0
Hamilton	N/A	60
Lawrence	N/A	0
Wabash	N/A	0
Wayne	N/A	0
White	N/A	40
PSA 10 Total	N/A	100
PSA 11 – Egyptian AAA		
Alexander	Tamms	1
	Thebes	2
	McClure	2
	Cairo (rural areas around city)	20
Franklin	Benton, Browning, Cave, Frankfort, Goode, Six Mile, and Tyrone townships.	110
Jackson	All townships	100
Johnson	Simpson	2
	Creal Springs & Lake of Egypt areas	5
	New Burnside	3
Massac	Joppa	5
	Brookport	4
	Metropolis area	7
Pulaski	Karnak	4
	Perks	4
	Grand Chain	4
Union	Anna area	14
	Jonesboro area	8
	Cobden area	2
PSA 11 Total	N/A	297
PSA 12 – Department of Family & Support Services		
City of Chicago	N/A	0
PSA 12 Total		0
PSA 13 – AgeOptions, Inc.		
Suburban Cook County	N/A (see comments about Barrington Township)	0
PSA 13 Total		0
STATE OF ILLINOIS STATEWIDE TOTAL:		1387

Average Number of Older Adults Served Meals Each Day

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the average number of persons served each day with congregate meals and home delivered meals by nutrition site. An average number of 11,544 persons are served per day by the congregate meal program and an average number of 21,324 are served per day by the home delivered meal program.

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 01 – Northwestern Illinois AAA			
GPAC	Winnebago	9	0
Valley View	Winnebago	12	0
Belvidere	Boone	10	0
Skyrise	Winnebago	16	0
Dixon	Lee	7	0
Amboy	Lee	7	0
Rochelle	Ogle	16	0
Benton St. Diner	Winnebago	35	0
Hollywood	Winnebago	190	0
Neds	Boone	82	0
NICAA Golden Meals			
	Stephenson	130	240
	Jo Daviess	0	48
	Carroll	28	90
	Whiteside	18	140
Voluntary Action Center of DeKalb County	DeKalb	0	198
DeKalb Community Center	DeKalb	30	0
Taylor Street Plaza	DeKalb	30	9
Sandwich-FVOAS	DeKalb	35	22
PSA 01 Total:		655	747
PSA 02 – AgeGuide			
Abbingtion Distinctive Banquets	DuPage	600	0
Addison Park District - Community Building	DuPage	0	35
Alfred Rubin Riverwalk Community Center	DuPage	0	110
Aurora - Bawarchi Biryani's Restaurant	DuPage	75	0
Embrace Living Communities - Castle Towers	DuPage	20	70
Embrace Living Communities - Peace Memorial Manor	DuPage	20	10
Vaishnav Samaj of Midwest Temple	DuPage	75	0
Bloomington Township Senior Center	DuPage	0	80

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 02 – AgeGuide (continued)			
Glendale Heights Center for Senior Citizens	DuPage	20	60
York Township Senior Center	DuPage	50	95
Shahi Nihari Restaurant	DuPage	25	0
Westmont Park District Senior Center	DuPage	0	180
Marian Park Residence	DuPage	25	95
North DuPage Mobile Site-303	DuPage	0	50
Central DuPage Mobile Site-304	DuPage	0	45
East DuPage Mobile Site-305	DuPage	0	30
South East DuPage Site-306	DuPage	0	55
Saratoga Tower, Morris	Grundy	18	59
Minooka	Grundy	62	0
Coal City	Grundy	27	0
Mazon	Grundy	26	0
R Place	Grundy	19	0
Whistle Stop	Grundy	8	0
Gaslite Manor Banquets	Kane	275	0
Green Castle North Aurora	Kane	20	95
Elgin Senior Services	Kane	25	65
United Methodist Church	Kane	0	75
Truck Aurora Site- 109	Kane	0	55
Truck West Kane Site-110	Kane	0	55
Truck North Kane Site-111	Kane	0	65
Truck Elgin Site-112	Kane	0	65
Truck South Central Kane - 113	Kane	0	30
Kankakee	Kankakee	35	140
Pembroke	Kankakee	18	12
Limestone	Kankakee	25	0
Sun River Terrace	Kankakee	30	0
Oswego Senior Center	Kendall	61	0
Beecher Community Center	Kendall	0	81
Waukegan Township Park Place	Lake	55	250
Round Lake	Lake	0	165
Antioch	Lake	48	45
Gyorgos Café	Lake	8	0
Island Lake Café	Lake	14	0
Lambs Farm	Lake	65	0
Grayslake Senior Center	Lake	35	0
Koffee Cup Restaurant	Lake	5	0
Maravela's Catering	Lake	215	0
Foss Park District	Lake	30	0

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 02 – AgeGuide (continued)			
Nuestro Center	Lake	9	0
Hanul Family Alliance	Lake	35	0
N & T's Restaurant	Lake	29	0
McHenry Senior Center	McHenry	8	205
Walden Oaks Apartments	McHenry	20	20
Marengo Park District	McHenry	17	0
Dorr Township	McHenry	25	0
Harvard Senior Center	McHenry	15	0
Channahon	Will	31	0
Frankfort	Will	15	28
Joshua Arms - Joliet	Will	31	33
St. Paul UCC, Monee	Wil	0	51
J&S Levy Center, Bolingbrook	Will	30	51
Guy A Seil Senior Apartments - New Lenox	Wil	14	22
Senior Services - Joliet	Will	15	0
Will Central Kitchen - Joliet	Will	0	335
Wilmington Lions Club - Wilmington	Will	0	28
Lockport Township	Will	12	45
Troy Township	Will	35	0
Park Towers, Joliet	Will	12	0
Monee Township	Will	56	0
PSA 02 Total		2443	2990
PSA 03 – Western Illinois AAA			
Bureau County Senior Center	Bureau	20	0
La Salle Site	Bureau	0	49
Henry Co. Senior Center, Kewanee	Henry	38	124
Lincoln House, Galva	Henry	10	0
United Methodist Church, Orion	Henry	10	0
Strom Center, Monmouth	Warren	14	0
Jamieson Center - Monmouth	Warren	0	51

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 03 – Western Illinois AAA (continued)			
Roseville Community Center - Roseville	Warren	2	5
Kirkwood Senior Center - Kirkwood	Warren	15	3
Stronghurst Senior Center - Stronghurst	Henderson	6	6
Henderson Senior Center - Oquawka	Henderson	9	8
Rock Island County Senior Center	Rock Island	17	0
Colona House, East Moline	Rock Island	22	0
Westwood Terrace, Moline	Rock Island	22	0
Edington Presbyterian Church	Rock Island	7	0
American Legion Hall, Reynolds	Rock Island	5	0
First United Methodist Church, Port Byron	Rock Island	3	0
Friendship Manor	Rock Island	0	177
Mercer County Senior Center	Mercer	7	0
La Salle Site	Putnam	0	12
Putnam County Community Center	Putnam	10	0
Bushnell YMCA Program Center	McDonough	3	19
Colchester Senior Center	McDonough	3	3
YMCA of McDonough County, Macomb	McDonough	12	65
Fornoff Manor, Streator	LaSalle	7	72
Ravlin Center, Ottawa	LaSalle	15	100
La Salle Site	LaSalle	3	184
VNA - Galesburg Senior Center	Knox	5	85
VNA - Victoria Meal Site	Knox	8	0
VNA - Abingdon Meal Site	Knox	12	0
PSA 03 Total:		285	963
PSA 04 – Central Illinois AAA			
Henry Nutrition Site	Marshall	20	19
Lacon	Marshall	0	8
Sparland	Marshall	0	4
Toluca/Varna	Marshall	0	5
Lake Wildwood	Marshall	0	1
LaRose	Marshall	0	1
Wenona	Marshall	4	3

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 04 – Central Illinois AAA (continued)			
Toulon	Stark	11	8
Wyoming	Stark	4	3
Bradford	Stark	0	2
LaFayette	Stark	0	1
Washburn	Woodford	5	6
Benson/Roanoke	Woodford	0	1
Metamora	Woodford	0	1
Astoria-South Fulton Senior Center	Fulton	12	14
Canton-Maple Manor	Fulton	18	65
Cuba Nutrition Site	Fulton	6	13
Lewistown-1st Presbyterian Church	Fulton	7	36
Lewistown Spoon River Towers	Fulton	14	0
Vermont-American Legion	Fulton	4	9
Peoria-Sterling Towers	Peoria	16	0
Peoria-St. Sharbel	Peoria	7	0
Peoria-Heartland Apartments	Peoria	15	0
Peoria-South Side Manor	Peoria	8	0
Princeville Heritage Museum	Peoria	12	0
Pearce Community Center	Peoria	16	0
Pekin-Miller Center	Tazewell	9	0
Leisure Acres	Tazewell	16	0
Tremont	Tazewell	22	0
Hopedale	Tazewell	13	0
PSA 04 Total:		239	200
PSA 05 – East Central Illinois AAA			
PEACE MEAL			
Champaign HDM	Champaign	0	121
Rural Champaign	Champaign	0	34
Champaign Housing	Champaign	18	0
Fisher	Champaign	0	4
Homer	Champaign	4	2
Ludlow	Champaign	8	1
Mahomet	Champaign	0	12
Rantoul	Champaign	11	45
Sidney	Champaign	0	3
Urbana	Champaign	0	0
Casey	Clark	0	14
Martinsville	Clark	0	8

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 05 – East Central Illinois AAA (continued)			
Charleston	Coles	10	62
LifeSpan	Coles	18	0
Mattoon	Coles	29	130
Oakland	Coles	8	24
Toledo	Cumberland	16	52
Clinton	Dewitt	6	41
Farmer City (Site and Restaurant)	Dewitt	20	12
Weldon	Dewitt	1	2
Arcola	Douglas	0	3
Atwood	Douglas	0	6
Murdock	Douglas	0	6
Tuscola	Douglas	7	17
Villa Grove	Douglas	3	10
Brocton	Edgar	0	4
Chrisman	Edgar	0	4
Hume	Edgar	0	5
Kansas	Edgar	0	18
Paris (Site and Restaurant)	Edgar	20	20
Gibson City	Ford	5	0
Paxton	Ford	8	7
Roberts	Ford	5	4
Cissna Park (Site and Restaurant)	Iroquois	145	8
Milford	Iroquois	9	4
Watseka	Iroquois	32	0
Dwight	Livingston	0	28
Pontiac	Livingston	4	29
Flanagan	Livingston	0	2
Streator	Livingston	0	7
Bloomington Woodhill	McLean	19	10
Bloomington Kitchen	McLean	5	184
McLean County Rural	McLean	0	32
Bloomington Housing	McLean	12	8

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 05 – East Central Illinois AAA (continued)			
Phoenix	McLean	29	20
Chenoa	McLean	5	13
Danvers	McLean	5	4
Leroy	McLean	2	20
Lexington	McLean	8	9
Normal	McLean	26	0
Saybrook	McLean	32	2
Heyworth	McLean	0	13
Bethany	Moultrie	19	3
Sullivan	Moultrie	11	18
Bement	Piatt	0	7
Monticello	Piatt	11	22
Deland	Piatt	0	0
Mansfield	Piatt	0	4
Findlay	Shelby	1	4
Herrick	Shelby	18	16
Moweaqua	Shelby	0	7
Shelbyville	Shelby	3	44
Windsor	Shelby	8	10
CRIS			
CRIS Breakfast	Vermilion	25	N/A
Wanda's Restaurant	Vermilion	32	N/A
CRIS HDM	Vermilion	N/A	311
Hoopeston	Vermilion	9	37
OSF Healthcare	Vermilion	2	N/A
DMCOC			
DMCOC Argenta	Macon	54	0
Concord	Macon	58	0
Macon County Senior Center	Macon	39	0
Spring Creek	Macon	11	0
Reserve	Macon	13	0
Oxford House	Macon	29	0
Fence Post	Macon	74	0
Lexington	Macon	57	0
Hartford	Macon	26	0
Woods	Macon	14	0
Majestic	Macon	4	0
CATHOLIC CHARITIES MOWs	Macon	0	387
PSA 05 Total		1,048	1,934

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 06 – West Central Illinois AAA			
Browning	Schuyler	9	1
Carthage	Hancock	8	11
Hamilton	Hancock	17	7
Mt. Sterling	Brown	9	12
Versailles	Brown	9	0
Rushville	Schuyler	7	9
Pittsfield	Pike	20	29
Sunset	Adams	29	2
QSFRC	Adams	112	195
Harvest Hills	Adams	6	4
Lampe High Rise	Adams	13	11
Barry	Pike	0	8
PSA 06 Total:		239	289
PSA 07 – AAA for Lincolnland			
CEFS - Montgomery	Montgomery	103	134
CEFS - Christian	Christian	165	213
CAPCIL - Logan	Logan	36	96
CAPCIL - Mason	Mason	18	55
IVEDC - Greene	Greene	25	72
IVEDC - Jersey	Jersey	22	80
IVEDC - Macoupin	Macoupin	62	173
PCoA - Cass	Cass	10	59
PCoA - Morgan	Morgan	88	83
PCoA - Scott	Scott	14	14
SSCI	Menard	42	40
SSCI	Sangamon	67	346
PSA 07 Total		652	1,365
PSA 08 – AgeSmart Community Resources			
Bond County Senior Center	Bond	27	56
Clinton County Senior Services	Clinton	15	63
Breese	Clinton	N/A	18
New Baden	Clinton	13	N/A
Western Clinton Senior Center	Clinton	9	27
Mascoutah Senior Center	St. Clair	43	26
Millstadt Township Senior Center	St. Clair	50	43
Lessie Bates-Seasoned Circle Café	St. Clair	73	309

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 08 – AgeSmart Community Resources (continued)			
Sparta Multipurpose Senior Center	Randolph	32	35
Alton-Senior Services Plus	Madison	45	125
Collinsville	Madison	N/A	29
Edwardsville	Madison	N/A	30
East Alton	Madison	N/A	65
Troy	Madison	N/A	6
Venice	Madison	N/A	48
Granite City	Madison	8	96
Belleville	St. Clair	40	121
O'Fallon	St. Clair	N/A	54
Steeleville Senior Center	Randolph	32	14
Nashville Nutrition Site	Washington	19	19
Okawville Senior Center	Washington	26	48
Chester Multipurpose Senior Center	Randolph	44	25
Columbia Senior Center	Monroe	9	33
Red Bud Senior Center	Randolph	9	22
Waterloo Multipurpose Senior Center	Monroe	18	38
Esquiline - Sole to Soul	St. Clair	28	N/A
PSA 08 Total:		540	1,350
PSA 09 – Midland AAA			
Bcmw - Centralia	Marion	40	80
Bcmw - Salem	Marion	20	55
Comp Services - Rose Lane	Jefferson	13	N/A
Comp Services - HD	Jefferson	N/A	81
CEFS - Altamont	Effingham	12	27
CEFS - Dieterich	Effingham	16	10
CEFS - Effingham Evening Meal	Effingham	38	N/A
CEFS - Effingham	Effingham	21	97
CEFS - Teutopolis/HD Only	Effingham	N/A	18
CEFS - Beecher City	Effingham	13	4
CEFS - Flora	Clay	14	32
CEFS - Louisville/HD Only	Clay	N/A	2
CEFS - Vandalia	Fayette	12	64
CEFS - Ramsey	Fayette	19	11
PSA 09 Total:		218	481

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 10 – Southeastern AAA			
Oblong	Crawford	25	34
Newton	Jasper	21	30
Olney	Richland	37	47
WC Cafeteria & Senior Center	Wabash	41	59
Hamilton Co. Senior Citizen's Center - McLeansboro	Hamilton	27	22
White Co. Senior Citizen's Center - Carmi	White	54	84
Bridgeport	Lawrence	6	17
Lawrenceville	Lawrence	37	78
St. Francisville	Lawrence	7	2
Sumner	Lawrence	6	6
Albion	Edwards	25	20
Grayville	Edwards	15	18
West Salem	Edwards	15	15
Fairfield	Wayne	25	15
PSA 10 Total:		341	447
PSA 11 – Egyptian AAA			
Franklin County Senior Services	Franklin	44	105
Gold Plate Program	Perry	45	114
Golden Circle Senior Citizens	Gallatin	19	18
Golden Circle Senior Citizens	Hardin	23	45
Golden Circle Senior Citizens	Pope	39	25
Golden Circle Senior Citizens	Saline	76	51
Senior Adult Services	Jackson	111	164
Southern Pride Senior Program	Alexander	25	59
Southern Pride Senior Program	Johnson	32	45
Southern Pride Senior Program	Massac	40	45
Southern Pride Senior Program	Pulaski	25	40
Southern Pride Senior Program	Union	30	30
Williamson County Program on Aging	Williamson	200	300
PSA 11 Total:		709	1041

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 12 – CDFSS/Senior Services AAA			
Home Delivered Meals Program	Cook	N/A	6653
Chinese Community Center	Cook	350	N/A
Hanul Family Alliance	Cook	90	N/A
Indo American Center	Cook	40	N/A
Metropolitan Asian Family Serv	Cook	38	N/A
Southeast Asia Center	Cook	125	N/A
Paul G. Stewart Apts.	Cook	30	N/A
Central West Regional Center	Cook	40	N/A
Racine Apts.	Cook	50	N/A
Montrose Baptist Church	Cook	30	N/A
Gaines Apts.	Cook	30	N/A
Judge Green Apts.	Cook	25	N/A
91 st & S. Chicago Apts.	Cook	60	N/A
Division/LaSalle Apts.	Cook	45	N/A
Southeast Regional Center	Cook	50	N/A
Northwest Regional Center	Cook	150	N/A
Montclare Senior Residences	Cook	30	N/A
Minnie Ripperton Apts.	Cook	65	N/A
Hilliard Apts	Cook	50	N/A
Lincoln Perry Apts.	Cook	45	N/A
Ada S. McKinley Apts.	Cook	30	N/A
Sullivan Apts.	Cook	50	N/A
Vivian Carter Apts.	Cook	35	N/A
Mann Park	Cook	20	N/A
Portage Park Satellite	Cook	25	N/A
Southwest Regional Center	Cook	100	N/A
Garfield Ridge Satellite Senior Ct	Cook	25	N/A
Japanese American Service Cent	Cook	30	N/A
Dickens/Burling Apts	Cook	40	N/A
Fisher Apts.	Cook	45	N/A
North Center Senior Satellite	Cook	40	N/A
Edgewater Satellite Senior Centr	Cook	65	N/A
Abbott Park Satellite Senior Ctr	Cook	25	N/A
Englewood Senior Satellite Centr	Cook	40	N/A
Clark/Irving Apts.	Cook	50	N/A
Lincoln/Sheffield Apts.	Cook	40	N/A
Schneider Apts.	Cook	50	N/A
Devon/Sheridan Apts.	Cook	60	N/A

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 12 – CDFSS/Senior Services AAA (continued)			
West Town Logan Square Satell	Cook	75	N/A
Center on Halsted	Cook	60	N/A
Sheridan/Leland Apts.	Cook	45	N/A
Austin Satellite Senior Center	Cook	20	N/A
Britton Budd Apts.	Cook	40	N/A
Northeast Regional Center	Cook	200	N/A
Pilsen Satellite Senior Center	Cook	20	N/A
South Chicago Satellite Ctr	Cook	55	N/A
Roseland Satellite Senior Ct.	Cook	20	N/A
Auburn Gresham Satellite Ctr	Cook	20	N/A
Chatham Satellite Senior Ctr.	Cook	25	N/A
Norwood Park Satellite	Cook	20	N/A
Kelvyn Park Satellite Ctr.	Cook	25	N/A
Southwest Regional Center	Cook	100	N/A
PSA 12 Total:		2838	6653
PSA 13 AgeOptions			
Aging Care Connections	Suburban Cook	31	36
American Association of Retired Asians	Suburban Cook	47	
Arab American Family Services	Suburban Cook	22	
Bremen Township	Suburban Cook	22	
Calumet Township	Suburban Cook	46	
Catholic Charities - Arlington Heights (Maine and Wheeling)	Suburban Cook	27	137
Catholic Charities - Bremen	Suburban Cook		197
Catholic Charities – Clyde Park	Suburban Cook	26	
Catholic Charities - Markham	Suburban Cook	20	
Catholic Charities - Rich	Suburban Cook		87
Catholic Charities - Thornton (Calumet)	Suburban Cook	25	238
City of Evanston - Fleetwood	Suburban Cook	22	
City of Evanston - Levy	Suburban Cook	25	
CJE SeniorLife	Suburban Cook		189
CNN Berwyn - Cicero	Suburban Cook		91
CNN Brookfield	Suburban Cook	30	174
CNN Calumet (Calumet, Phoenix, Robbins)	Suburban Cook	20	124

Name of Nutrition Site/Community	Name of County	# of Older Persons Served Congregate Meals Each Serving Day	# of Older Persons Served HDMs Each Serving Day
PSA 13 AgeOptions (continued)			
CNN Franklin Park (Leyden Township)	Suburban Cook	33	112
CNN Hometown	Suburban Cook	20	350
CNN Lemont	Suburban Cook	20	19
CNN Proviso	Suburban Cook	26	210
CNN Schaumburg	Suburban Cook	41	
Ford Heights	Suburban Cook	43	
Hanover Township	Suburban Cook	59	83
Hanul Family Alliance (Korean Meals)	Suburban Cook	47	9
Kenneth Young Center (Elk Grove and Schaumburg Townships)	Suburban Cook		123
Metropolitan Asian Family Services – Niles	Suburban Cook	43	
Metropolitan Asian Family Services – Schaumburg	Suburban Cook	12	
Oak Park Township	Suburban Cook	57	169
Oak Park Township Restaurant Site	Suburban Cook	7	
Our Lady of Mt. Carmel	Suburban Cook	29	
Palatine Township	Suburban Cook	15	46
PAV YMCA Berwyn-Cicero	Suburban Cook	56	
PLOWS Council on Aging	Suburban Cook		177
Salvation Army – Blue Island	Suburban Cook	63	
Seniors Assistance Center	Suburban Cook	37	74
Stickney Township – Burbank	Suburban Cook	54	140
Stickney Township – North	Suburban Cook	33	
The Center of Concern	Suburban Cook	26	
Village of Wheeling	Suburban Cook	28	
Xilin – China Buffet	Suburban Cook	123	
Xilin – Super China Buffet	Suburban Cook	65	
PSA 13 Total:		1337	2864
Statewide Total:		11,544	21,324

Type of Congregate Meals Provided

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of congregate meals that were served hot, cold, or frozen (for later reheating). Approximately 96% of the congregate meals were hot meals, 4% were cold meals, and less than ½ % were frozen meals.

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 01 – Northwestern Illinois AAA				
Lifescape Community Services				
Amboy	1,392			1,392
Belvidere	2,593			2,593
Dixon	1,328			1,328
GPAC	2,239			2,239
Skyrise	3,060			3,060
Rochelle	3,960			3,960
Valleyview	3,205			3,205
Benton St. Diner	11,257			11,257
Hollywood	37,562			37,562
Neds	20,168			20,168
NICAA Golden Meals	31,405			31,405
Voluntary Action Center of DeKalb County	15,278			15,278
PSA 01 Total:	133,447	0	0	133,447
PSA 02 – AgeGuide				
DuPage Senior Citizens Council	43,544	0	0	43,544
Community Nutrition Network – Grundy County	15,604	0	0	15,604
Kane Senior Council	8,161	0	0	8,161
Kankakee County Community Services, Inc.	10,869	0	0	10,869
Oswego Senior Center	8,526	0	0	8,526
Catholic Charities Lake County	25,525	0	0	25,525
Catholic Charities McHenry County	8,058	0	0	8,058
Will County Senior Community Services, Inc.	14,487	0	0	14,487
PSA 02 Total:	134,774	0	0	134,774

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 03 – Western Illinois AAA				
Bureau County Senior Center	4,359			4,359
Henry County Senior Citizens	13,447			13,447
YMCA of McDonough Senior Program	4,021			4,021
Jamieson Community Center	6,021			6,021
Putnam County Community Center	2,175	435		2,610
Voluntary Action Center (VAC)	14,846	6,413		21,259
Project NOW, Rock Island County	14,890			14,890
Project NOW, Mercer County	1,500			1,500
VNA Community Services	3,232			3,232
PSA 03 Total:	64,491	6,848	0	71,339
PSA 04 – Central Illinois AAA				
Leisure Acres	1,403			1,403
Tremont	2,070			2,070
Hopedale	822			822
Pekin: Miller Center	2,010			2,010
Henry Nutrition Site	4,957			4,957
Wenona Nutrition Site	485			485
Washburn Nutrition Site	574			574
Wyoming Nutrition Site	290			290
Toulon Nutrition Site	2,565			2,565
Fulton County	11,964			11,964
City of Peoria	7,695			7,695
Rural Peoria	6,201			6,201
PSA 04 Total:	41,036	0	0	41,036
PSA 05 – East Central Illinois AAA				
Peace Meal	139,331	256	0	139,587
CRIS Healthy-Aging Center	18,141	1,164	0	19,305
DMCOC	72,127	0	0	72,127
PSA 05 Total:	229,599	1,420	0	231,019

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 06 – West Central Illinois AAA				
Meals Plus for Seniors	52,813			52,813
PSA 06 Total:	52,813	0	0	52,813
PSA 07 – AAA for Lincolnland				
CEFS	28,878			28,878
CAPCIL	7,932			7,932
IVEDC	20,130			20,130
PCoA	19,802			19,802
SSCI	27,795			27,795
PSA 07 Total:	104,537	0	0	104,537
PSA 08 – AgeSmart Community Resources				
Bond County Senior Center	5,809			5,809
Clinton County Senior Services	2,533			2,533
Western Clinton Senior Center	3,037			3,037
Lessie Bates—Seasoned Circle Cafe	30,367			30,367
Mascoutah Senior Center	11,197			11,197
Millstadt Township Senior Center	10,445			10,445
Sparta Multipurpose Senior Center	8,020			8,020
Alton-Senior Services Plus	14,416			14,416
Belleville	360			360
Granite City	2,031			2,031
Steeleville Senior Center	7,490			7,490
Okawville Senior Center	6,018			6,018
Nashville Nutrition Site	4,424			4,424
Chester Multipurpose Senior Center	8,922			8,922
Columbia Senior Center	1,954			1,954
Red Bud Senior Center	2,255			2,255
Waterloo Senior Center	3,035			3,035
Esquiline-Sole to Soul	229			229
PSA 08 Total	122,542	0	0	122,542

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 09 – Midland AAA				
BCMW Nutrition Program	14,526	0	0	14,526
Comprehensive Connections	2,907	250	0	3,157
CEFS Meals on Wheels	27,524	0	0	27,524
PSA 09 Total:	44,957	250	0	45,207
PSA 10 – Southeastern IL AAA				
Crawford	6,162		12	6,174
Jasper	5,054		133	5,187
Richland	9,125		37	9,162
WC Cafeteria & Senior Center	10,958			10,958
Hamilton Co. Senior Citizen's Center	6,276			6,276
White County Senior Citizens Center	12,920		81	13,001
Bridgeport	1,484			1,484
Lawrenceville	8,628			8,628
St. Francisville	2,129			2,129
Sumner	1,580			1,580
Edwards	55			55
Wayne	25			25
PSA 10 Total:	64,396	0	263	64,659
PSA 11 – Egyptian AAA				
Franklin County Senior Services	10,810	0	0	10,810
Gold Plate Program	11,000	26	0	11,026
Golden Circle Senior Citizens	34,069	0	0	34,069
Senior Adult Services	27,373	0	0	27,373
Southern Pride Senior Program	34,835	0	0	34,835
Williamson County Program on Aging	34,695	0	0	34,695
PSA 11 Total	152,782	26	0	152,808
PSA 12 – CDFSS AAA				
CDFSS/Senior Services on Aging (Congregate Dining Program)	710,491	82,930	0	793,421
PSA 12 Total	710,491	82,930	0	793,421

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 13 – AgeOptions				
Aging Care Connections	7,665			7,665
American Association of Retired Asians	4,846	31		4,877
Arab American Family Services	4,958	120		5,078
Bremen Township	5,457			5,457
Calumet Township	11,660			11,660
Catholic Charities – Arlington Heights	6,836			6,836
Catholic Charities – Thornton (Calumet)	6,407			6,407
Catholic Charities – Clyde Park	6,466	320		6,786
Catholic Charities – Markham	5,054	250		5,304
City of Evanston – Fleetwood	1,106			1,106
City of Evanston – Levy	6,241			6,241
CNN Brookfield	7,540			7,540
CNN – Calumet (Calumet/Phoenix/Robbins)	5,060			5,060
CNN Chicago Heights (Bloom Township)	9,202			9,202
CNN Franklin Park (Leyden Township)	8,344			8,344
CNN Hometown	4,979			4,979
CNN Lemont	4,992	1		4,993
CNN Proviso	6,557			6,557
CNN Schaumburg	10,365	445		10,810
Ford Heights	6,719	505		7,224
Hanover Township	14,763			14,763
Hanul Family Alliance (Korean Meals)	11,837			11,837
Metropolitan Asian Family Services – Niles	10,883			10,883
Metropolitan Asian Family Services – Schaumburg	3,066			3,066
Oak Park Township	14,308			14,308

Name of Nutrition Program	# of Hot Congregate Meals	# of Cold Congregate Meals	# of Frozen Congregate Meals	Total # of Congregate Meals Served
PSA 13 – AgeOptions (continued)				
Oak Park Township Restaurant Site	2,705			2,705
Our Lady of Mt. Carmel	7,196	284		7,480
Palatine Township	2,313			2,313
PAV YMCA Berwyn-Cicero	14,101			14,101
Salvation Army – Blue Island	15,802	895		16,697
Seniors Assistance Center	5,756			5,756
Stickney Township – Burbank	13,292	500		14,912
Stickney Township – North	3,335	350		3,685
The Center of Concern	6,584	146		6,730
Village of Wheeling	6,949	250		7,199
Xilin – China Buffet	19,175			19,175
Xilin – Super China Buffet	10,135			10,135
PSA 13 Total	292,654	4,097	0	296,751
Statewide Total:	2,148,519	95,571	263	2,244,353

Type of Home Delivered Meal Provided

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of home delivered meals that were served hot, cold, frozen (for later reheating), or shelf stable. Approximately 45% of the home delivered meals were hot meals, 28% were cold meals, 27% were frozen meals, and 3% were shelf stable.

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMs	Total # of HDMs Served
PSA 01 – Northwestern Illinois AAA					
Home Delivered Meals	201,929	113,670	44,115		359,714
NICAA Golden Meals	89,300	63,010	15,011	126	167,447
Voluntary Action Center of DeKalb County	47,899	692	628	480	49,699
PSA 01 Total:	339,128	177,372	59,754	606	576,860
PSA 02 – AgeGuide					
DuPage Senior Citizens Council	150,192	32,218	26,646	0	209,056
Community Nutrition Network – Grundy County	15,223	6,243	4,677	720	26,863
Kane Senior Council	92,919	4,538	15,403	0	112,860
Kankakee County Community Services, Inc.	24,926	0	18,540	0	43,466
Community Nutrition Network – Kendall County	17,439	11,983	6,800	0	36,222
Catholic Charities Lake County	91,295	36,295	388	4,460	132,438
Catholic Charities McHenry County	51,466	0	5,417	1,686	58,569
Will County Senior Community Services, Inc.	93,631	0	40,679	0	134,310
PSA 02 Total:	537,091	91,277	118,550	6,866	753,784
PSA 03 – Western Illinois AAA					
Henry County	29,467	0	0	372	29,839
Jamieson Community Center	15,325	0	5,306	0	20,631
Project NOW, Rock Island County	60,554	2,411	0	410	63,375
Project NOW, Mercer County	6,704	0	1,799	60	8,563
YMCA McDonough County Senior Program	20,942	287	0	0	21,229
Voluntary Action Center (VAC)	71,720	29,768	8408		109,896
VNA Community Services	0	24057	0	0	24,057
PSA 03 Total:	204,712	56,523	15,513	842	277,590

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMs	Total # of HDMs Served
PSA 04 – Central Illinois AAA					
City of Peoria	74,644	2,425	6,362		83,431
Rural Peoria	24,768	620	1,367		26,755
Tazewell	31,079	750	1,713		33,542
Henry	5,062	94	1,004	188	6,348
Lacon	2,190	37	459	81	2,767
Sparland	1,169	19	96	38	1,322
Toluca/Varna	1,532	22	219	58	1,831
LaRose	34	0	7	2	43
Wenona	574	12	156	27	769
Bradford	451	6	0	12	469
Toulon	2,373	37	233	95	2,738
Wyoming	953	14	105	36	1,108
LaFayette	214	4	20	9	247
Washburn	1,616	24	194	54	1,888
Benson/Roanoke	145	0	29	4	178
Metamora	3	0	5	0	8
Lake Wildwood	107	0	36	4	147
Fulton County	25,987		7,733	775	34,495
PSA 04 Total:	172,901	4,064	19,738	1,383	198,086
PSA 05 – East Central Illinois AAA					
Peace Meal	294,237		1,623	2,674	298,534
CRIS Healthy-Aging Center	0	2,250	73,607	0	75,857
CATHOLIC CHARITIES MOWs	89,847	2,763	0	0	92,610
PSA 05 Total:	384,084	5,013	75,230	2,674	467,001
PSA 06 – West Central Illinois AAA					
Meals Plus for Seniors	141,886				141,886
PSA 06 Total:	141,886	0	0	0	141,886
PSA 07 – AAA for Lincolnland					
CEFS	43,317				43,317
CAPCIL	20,817	17,507		152	38,476
IVEDC	63,767				63,767
PCoA	36,780				36,780
SSCI	91,247				91,247
PSA 07 Total:	255,928	17,507	0	152	273,587

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served
PSA 08 – AgeSmart Community Resources					
Bond County Senior Center	9,676		3,661	600	13,937
Clinton County Senior Services	13,408		130	640	14,178
Breese	3,761		35	150	3,946
Western Clinton Senior Services	5,732		163	210	6,105
Lessie Bates—Seasoned Circle Café	N/A		75,969	3,110	79,079
Mascoutah Senior Center	4,969		N/A	310	5,279
Millstadt Township Senior Services	7,216		1,987	450	9,653
Sparta Multipurpose Senior Center	6,716		422	390	7,528
Belleville	5,590		27,790	1,140	34,520
O'Fallon	2,036		11,891	690	14,617
Alton-Senior Services Plus	5,407		27,883	1,120	34,410
Collinsville	1,360		6,415	205	7,980
East Alton	2,487		14,229	620	17,336
Edwardsville	983		6,594	285	7,862
Granite City	4,481		20,321	980	25,782
Troy	224		1,285	20	1,529
Venice	2,515		10,919	440	13,874
Steeleville Senior Center	2,999		N/A	110	3,109
Okawville Senior Center	9,027		2,263	470	11,760
Nashville Nutrition Site	4,251		9	150	4,410
Chester Multipurpose Senior Center	4,337		1,723	260	6,320
Columbia Senior Center	3,128		4,532	370	8,030
Red Bud Senior Center	2,912		2,172	230	5,314
Waterloo Multipurpose Senior Center	5,789		3,956	450	10,195
PSA 08 Total:	109,004	0	224,349	13,400	346,753
PSA 09 – Midland AAA					
BCMw Project BREAD	30,600	0	0	0	30,600
Comprehensive Connections	17,816	1,202	212	0	19,230
CEFS Meals on Wheels	64,687	0	807	0	65,494
PSA 09 Total:	113,103	1,202	1,019	0	115,324

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMS	Total # of HDMs Served
PSA 10 – Southeastern IL AAA					
Crawford	8,320		148		8,468
Jasper	6,454		973		7,427
Richland	10,093		1,744		11,837
Bridgeport	4,041	0	0	0	4,041
Lawrenceville	19,818	0	0	0	19,818
St. Francisville	674	0	0	0	674
Sumner	1,218	0	0	0	1,218
WC Cafeteria & Senior Center	13,237	0	2,264	0	15,501
Hamilton County Senior Citizen's Center	4,012	0	963	0	4,975
White County Senior Citizen's Center	18,380	0	1,834	0	20,214
Edwards	53	0	0	0	53
Wayne	15	0	0	0	15
PSA 10 Total:	86,315	0	7,926	0	94,241
PSA 11 – Egyptian AAA					
Franklin County Senior Services	25,857	0	0	0	25,857
Gold Plate Program	20,085	87	852	0	21,024
Golden Circle Senior Citizens	30,242	0	2,625	0	32,867
Senior Adult Services	35,912	0	6,370	0	42,282
Southern Pride Senior Program	49,855	0	22,250	0	72,105
Williamson County Program on Aging	48,795	0	0	0	48,795
PSA 11 Total:	210,746	87	32,097	0	242,930
PSA 12 – CDFSS AAA					
Open Kitchens, Inc.	222,181	1,598,591	1,383,437	0	3,204,209
PSA 12 Total:	222,181	1,598,591	1,383,437	0	3,204,209

Name of Nutrition Program	# of Hot HDMs	# of Cold HDMs	# of Frozen HDMs	# of Shelf Stable HDMs	Total # of HDMs Served
PSA 13 – AgeOptions					
Aging Care Connections	8,982	4,059	0	240	13,281
Catholic Charities – Arlington Heights (Maine and Wheeling)	37,004	0	7,723	2,175	46,902
Catholic Charities – Bremen	49,150	0	13,775	1,810	64,735
Catholic Charities – Rich	21,751	0	7,148	680	29,579
Catholic Charities – Thornton (Calumet)	62,042	0	23,843	1,350	87,235
CJE Seniorlife	19,975	0	29,214	408	49,597
CNN Berwyn Cicero Township	25,606	9,516	4,014	1,850	40,986
CNN Brookfield	48,628	17,571	8,634	3,130	77,963
CNN Calumet (Calumet, Phoenix, Robbins)	29,632	24,226	9,189		63,047
CNN Chicago Heights (Bloom Township)	21,582	10,802	4,252		36,636
CNN Franklin Park (Leyden Township)	31,383	15,780	5,669	1,505	54,337
CNN Hometown (Worth Township)	82,525	24,695	8,150	3,110	118,480
CNN Lemont Township	5,238	1,649	508	490	7,885
CNN Proviso Township	54,756	23,907	6,944	1,620	87,227
Hanover Township	19,905	1533	5,942	1,720	29,100
Hanul Family Alliance (Korean Meals)	2,319	0	0	545	2,864
Kenneth Young Center	27,468	9,466	0	1060	37,994
Oak Park Township Senior Services	42,323	1795	0	4,500	48,618
Palatine Township Senior Citizens Council	12,364	3,245	1,948	615	18,172
PLOWS Council on Aging	43,647	20,038	0	1,550	65,235
Senior Assistance Center	20,360	16,472	0	1,480	38,312
Stickney Township	28,295	18,049	0	2,340	48,684
PSA 13 Total:	694,935	202,803	136,953	32,178	1,066,869
Statewide Total:	3,472,014	2,154,439	2,074,566	58,101	7,759,120

Congregate Meals - Number of Serving Days per Week

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of serving days that each nutrition program provided with the congregate meal program. Approximately 4% of the nutrition sites served congregate meals 6 to 7 days per week, 74% of the nutrition sites served congregate meals 5 days per week, 8% of the nutrition sites served congregate meals 3 to 4 days per week, and 14% of the nutrition sites served congregate meals 1 or 2 days per week.

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 01 – Northwestern Illinois AAA				
Lifescape				
Belvidere		1		
Amboy		1		
Dixon		1		
GPAC		1		
Skyrise		1		
Valleyview		1		
Rochelle		1		
Oregon		1		
Neds		1		
Benton Street	1			
Hollywood	1			
Freeport Central Kitchen		1		
Rock City GM		1		
Lincoln Towers			1	
Meadows			1	
Willow Park			1	
Mest Manor			1	
Golden Meals			1	
Civic Plaza			1	
Salvation Army		1		
Voluntary Action Center of DeKalb	0	2	0	1
PSA 01 Total:	2	14	6	1

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 02 – AgeGuide				
DuPage Senior Citizens Council	0	4	1	4
Community Nutrition Network – Grundy	2	1	0	3
Kane Senior Council	0	2	0	1
Kankakee County Community Services, Inc.	0	2	0	2
Oswego Senior Center		0	0	1
Catholic Charities Lake County	1	1	0	10
Catholic Charities McHenry County	0	2	1	2
Will County Senior Community Services, Inc.	0	3	0	7
PSA 02 Total:	3	15	2	30
PSA 03 – Western Illinois AAA				
Bureau County Senior Citizens	0	1	0	0
Henry County Senior Citizens	0	1	0	2
Jamieson Community Center	0	3	1	1
Project NOW, Rock Island County	0	3	1	2
Project NOW, Mercer County	0	1	0	0
Putnam County Community Center	0	1	0	0
YMCA of McDonough County Senior Center	0	2	0	1
Voluntary Action Center (VAC)	0	5	0	0
VNA Community Services	0	3	0	0
PSA 03 Total:	0	20	2	6
PSA 04 – Central Illinois AAA				
Marshall County		1	1	
Stark County		2		
Woodford County		1		
Peoria		4	2	
Fulton County		4	2	
Tazewell County		2	2	
PSA 04 Total:	0	14	7	0

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 05 – East Central Illinois AAA				
Peace Meal FY19	2	45		2
CRIS Healthy-Aging Center	2	1	0	1
DMCOC	0	10	0	1
PSA 05 Total:	4	56	0	4
PSA 06 – West Central Illinois AAA				
Meals Plus for Seniors	0	11	1	0
PSA 06 Total:	0	11	1	0
PSA 07 – AAA for Lincolnland				
CEFS		6		
CAPCIL		2	2	2
IVEDC		5		
PCoA		7	1	2
SSCI		6		
PSA 07 Total:	0	26	3	4
PSA 08 – AgeSmart Community Resources				
Bond County Senior Center		1		
Clinton County Senior Services		1	1	1
Mascoutah Senior Center		1		
Millstadt Township Senior Center		1		1
Lessie Bates-Seasoned Circle Café		1		
Sparta Multipurpose Senior Center		1		
Senior Services Plus-Alton		2		
Steeleville Senior Center		1		
Okawville Senior Center		1		
Nashville Nutrition Site		1		
Chester Multipurpose Senior Center		1		
Columbia Senior Center			1	
Red Bud Senior Center			1	
Waterloo Multipurpose Senior Center			1	
PSA 08 Total:	0	12	4	2

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 09 – Midland AAA				
BCMW Nutrition Program		1	1	
Comp Connections		1		
CEFS Meals on Wheels		7		
PSA 09 Total:	0	9	1	0
PSA 10 – Southeastern IL AAA				
Crawford		2		
Jasper		1		
Richland		1		
WC Cafeteria & Senior Center		1		
Hamilton County Senior Citizen's Center	0	1	0	0
White County Senior Citizen's Center	0	1	0	0
Bridgeport	0	1	0	0
Lawrenceville	0	1	0	0
St. Francisville	0	1	0	0
Sumner	0	1	0	0
Edwards		3		
Wayne		1		
PSA 10 Total:	0	15	0	0
PSA 11 – Egyptian AAA				
Franklin County Senior Services	0	5	0	0
Gold Plate Program	0	1	0	2
Golden Circle Senior Citizens	0	6	0	1
Senior Adult Services	0	2	0	0
Southern Pride Senior Program	0	6	0	0
Williamson County Program on Aging	0	3	1	0
PSA 11 Total:	0	23	1	3
PSA 12 – CDoFSS AAA				
CDFSS/Senior Services Area Agency on Aging	6	43	1	0
PSA 12 Total:	6	43	1	0

Name of Nutrition Program	Congregate Meals # of Sites Serving 6-7 Days per Week	Congregate Meals # of Sites Serving 5 Days per Week	Congregate Meals # of Sites Serving 3-4 Days per Week	Congregate Meals # of Sites Serving 1-2 Days per Week
PSA 13 – AgeOptions				
Aging Care Connections		1		
American Association of Retired Asians				1
Arab American Family Services		1		
Bremen Township		1		
Calumet Township		1		
Catholic Charities – Arlington Heights		1		
Catholic Charities – Thornton (Calumet)		1		
Catholic Charities – Clyde Park		1		
Catholic Charities – Markham		1		
City of Evanston – Fleetwood				1
City of Evanston – Levy		1		
CNN Brookfield		1		
CNN - Calumet (Calumet/Phoenix/Robbins)		1		
CNN Chicago Heights (Bloom Township)		1		
CNN Franklin Park (Leyden Township)		1		
CNN Hometown		1		
CNN Lemont		1		
CNN Proviso		1		
CNN Schaumburg		1		
Ford Heights			1	
Hanover Township		1		
Hanul Family Alliance (Korean Meals)		1		
Metropolitan Asian Family Services - Niles		1		
Metropolitan Asian Family Services - Schaumburg		1		
Oak Park Township		1		
Oak Park Township Restaurant Site	1			
Our Lady of Mt. Carmel		1		
Palatine Township			1	
PAV YMCA Berwyn-Cicero		1		
Salvation Army – Blue Island		1		
Seniors Assistance Center			1	
Stickney Township – Burbank		1		
Stickney Township – North				1
The Center of Concern		1		
Village of Wheeling		1		
Xilin – China Buffet			1	
Xilin – Super China Buffet			1	
PSA 13 Total:	1	28	5	3
Statewide Totals:	16	286	33	53

Home Delivered Meals - Number of Serving Days per Week

The Illinois Department on Aging surveyed the 13 Area Agencies on Aging (AAA) on the number of serving days that each nutrition program provided with the home delivered meal program. Approximately 21% of the nutrition sites served home delivered meals 6 to 7 days per week, 67% of the nutrition sites served home delivered meals 5 days per week, 9% of the nutrition sites served home delivered meals 3 to 4 days per week, and 3% of the nutrition sites served home delivered meals 1 or 2 days per week.

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 01 – Northwestern Illinois AAA				
Lifescape		1		
Freeport Central Kitchen			Cold trays delivered on Thursday for Friday	
Golden Meals				
Mest Manor		1	Cold trays delivered on Thursday for Friday	
Voluntary Action Center of DeKalb	0	2	0	0
PSA 01 Total:	0	4	2	0
PSA 02 – AgeGuide				
DuPage Senior Citizens Council	0	13	0	0
Community Nutrition Network – Grundy	1	0	0	0
Kane Senior Council	0	8	0	0
Kankakee County Community Services, Inc.	2	0	0	0
Community Nutrition Network – Kendall	1	0	0	0
Catholic Charities Lake County	0	3	0	0
Catholic Charities McHenry County	0	2	0	0
Will County Senior Community Services, Inc.	0	8	0	0
PSA 02 Total:	4	34	0	0
PSA 03 – Western Illinois AAA				
Henry County Senior Citizens	0	1	0	0
Jamieson Community Center	0	3	1	1
Project NOW, Rock Island County	0	3	0	0
YMCA of McDonough County Senior Program	0	3	0	0
Voluntary Action Center (VAC)	0	5	0	0
PSA 03 Total:	0	15	1	1

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 04 – Central Illinois AAA				
Marshall County		1	1	
Stark County		2		
Fulton		5		
Rural Peoria		1		
Woodford County		1		
Tazewell		1	1	1
Peoria		1		
PSA 04 Total:	0	12	2	1
PSA 05 – East Central Illinois AAA				
Peace Meal FY19	0	59	0	0
CRIS Healthy-Aging Center	0	0	0	2
CATHOLIC CHARITIES MOWs	0	1	0	0
PSA 05 Total:	0	60	0	2
PSA 06 – West Central Illinois AAA				
Meals Plus for Seniors	1	10	1	0
PSA 06 Total	1	10	1	0
PSA 07 – AAA for Lincolnland				
CEFS		9		
CAPCIL		10		
IVEDC		5		
PCoA		9	1	
SSCI		5		
PSA 07 Total:	0	38	1	0
PSA 08 – AgeSmart Community Resources				
Bond County Senior Center		1		
Clinton County Senior Services		2		
Mascoutah Senior Center		1		
Millstadt Township Senior Center		1		
Lessie Bates-Seasoned Circle Café		1		
Sparta Multipurpose Senior Center		1		
Senior Services Plus-Alton		9		
Steeleville Senior Center		1		
Okawville Senior Center		1		
Nashville Nutrition Site		1		
Chester Multipurpose Senior Center		1		
Columbia Senior Center		1		
Red Bud Senior Center		1		
Waterloo Multipurpose Senior Center		1		
PSA 08 Total:	0	23	0	0

Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 09 – Midland AAA				
BCMW Nutrition Program		1	1	
Comp. Connections		1		
CEFS Meals on Wheels		9		
PSA 09 Total:	0	11	1	0
PSA 10 – Southeastern IL AAA				
Crawford		1		
Jasper		1		
Richland		1		
WC Cafeteria & Senior Center		1		
Hamilton County Senior Citizen's Center	0	1	0	0
Bridgeport	0	1	0	0
Lawrenceville	0	1	0	0
St. Francisville	0	1	0	0
Sumner	0	1	0	0
Edwards		3		
Wayne		1		
PSA 10 Total:	0	13	0	0
PSA 11 – Egyptian AAA				
Franklin County Senior Services	0	5	0	0
Gold Plate Program	0	1	0	2
Golden Circle Senior Citizens	0	5	0	0
Senior Adult Services	0	1	0	0
Southern Pride Senior Program	0	5	0	0
Williamson County Program on Aging	0	4	0	0
PSA 11 Total:	0	21	0	2
PSA 12 – CDFSS AAA				
CDFSS/Home Delivered Meal Program/Open Kitchens, Inc. Please see narrative explanation.			1	
				DFSS/Senior Services Area Agency on Aging provides home delivered meals for 2 through 7 days of the week depending on the needs of the clients. All meals are delivered directly to the client's homes and not to designated nutrition sites.
PSA 12 Total:			1	DFSS/Senior Services Area Agency on Aging provides home delivered meals for 2 through 7 days of the week depending on the needs of the clients. All meals are delivered directly to the client's homes and not to designated nutrition sites.

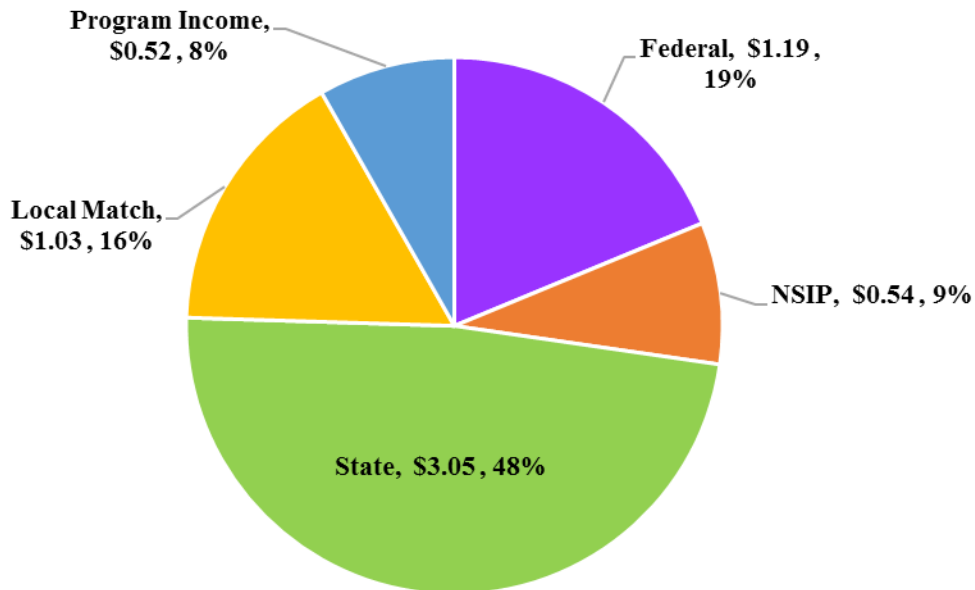
Name of Nutrition Program	HDMs # of Sites Serving 6-7 Days per Week	HDMs # of Sites Serving 5 Days per Week	HDMs # of Sites Serving 3-4 Days per Week	HDMs # of Sites Serving 1-2 Days per Week
PSA 13 – AgeOptions				
Aging Care Connections	1			
Catholic Charities - Arlington Heights (Maine and Wheeling)	1			
Catholic Charities - Bremen		1		
Catholic Charities - Rich		1		
Catholic Charities - Thornton (Calumet)		1		
CJE Seniorlife	1			
CNN Berwyn Cicero Township	1			
CNN Brookfield	1			
CNN Calumet (Calumet, Phoenix, Robbins)	1			
CNN Chicago Heights (Bloom Township)	1			
CNN Franklin Park (Leyden Township)	1			
CNN Hometown	1			
CNN Lemont Township	1			
CNN Proviso Township	1			
Hanover Township	1			
Hanul Family Alliance (Korean Meals)		1		
Kenneth Young Center	1			
Oak Park Township Senior Services		1		
Palatine Township Senior Citizens Council	1			
PLOWS Council on Aging	1			
Senior Assistance Center	1			
Stickney Township	1			
PSA 13 Total:	17	5	0	0
Statewide Totals:	22	246	8	6

Local Cash Match and Program Income Resources

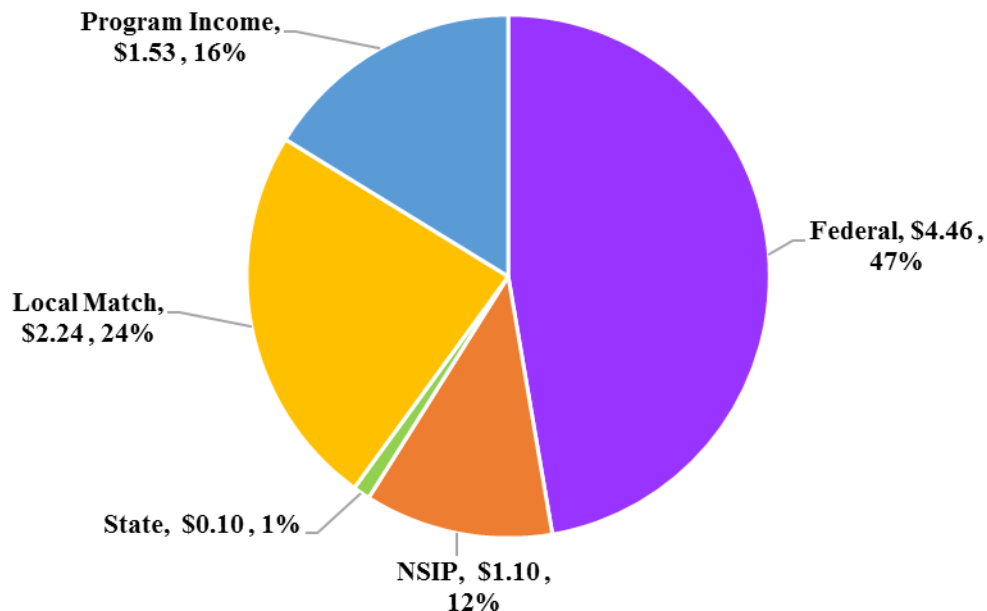
Based on Area Plan budgets submitted by the 13 Area Agencies on Aging, local resources (both cash and in-kind) and program income (client contributions) provide significant financial support to the nutrition program. In FY 2020, it is estimated that local match will provide \$8 million (16% of total budget) statewide and that program income will provide \$4 million (8% of total budget) to support the home delivered meal program.

The following charts outline how the various resources are used to fund the average cost of a home delivered meal (HDM) and congregate meal.

FY 2020 Area Plan Budgets for HDMs Meal Costs by Funding Source



FY 2020 Area Plan Budget for Congregate Meals Meal Costs by Funding Source



Recommendations from the Aging Network on Potential Ways to Increase Federal Funding

In prior fiscal years, the Department on Aging has previously surveyed the 13 Area Agencies on Aging (AAAs) and nutrition service providers on potential ways to increase the amount of federal funding captured for the home delivered meal program. The following page outlines the results of these sections of the survey.

Recommendations on potential ways to increase the amount of federal funding captured for the home delivered meal program:

1. Nutrition providers are recommending additional advocacy efforts at the state and federal levels to make legislators aware of the increased need and cost effectiveness of keeping seniors in their local communities longer by increasing funding for community services.
2. Providers feel that family members and recipients of these meals should be encouraged to be more vocal about the need for these meals. They need to contact their legislators about the need.
3. There are studies available to reflect how much and why the cost of living is going up nationally and in Illinois. Advocacy should be done to at least assure that federal funding for Senior Nutrition and other senior programs will increase annually with the stated rise in the cost of living, by an annual percentage.
4. Have appropriate increases for the federal home delivered meal program tied to the COLA like Social Security does.
5. Keep in contact with federal, state, and local politicians so they won't forget their senior constituents. Advocates coupled with senior program participants could be very effective in bringing attention to this potentially lifesaving program.

**HOME
DELIVERED
MEALS
REPORT**



Illinois Department on Aging

Illinois Department on Aging
One Natural Resources Way # 100
Springfield, Illinois 62702-1271
www.illinois.gov/aging

Senior HelpLine: 1-800-252-8966 (Voice)
1-888-206-1327 (TTY)
(8:30am to 5:00pm, Monday through Friday)

24-Hour Adult Protective Services Hotline: 1-866-800-1409
1-888-206-1327 (TTY)

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate State and federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966, 1-888-206-1327 (TTY).

Printed by Authority State of Illinois ♦ 20 copies ♦ IL-402-1273 (1/20)