



Sen. Rachel Ventura

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10300SB2348sam001

LRB103 27228 RJT 57787 a

1 AMENDMENT TO SENATE BILL 2348

2 AMENDMENT NO. \_\_\_\_\_. Amend Senate Bill 2348 on page 1,  
3 immediately below line 10, by inserting the following:

4 "All school districts shall provide, in addition to and  
5 not substituting recess, at least one half-period of the  
6 school day for relaxation activities that enhance the mental  
7 and physical health of students. Relaxation activities may  
8 include, but are not limited to: yoga, meditation, breathing  
9 exercises, walking, quiet time, guided relaxation techniques,  
10 in person conversation, stretching, and other stress relieving  
11 activities. The school district shall provide appropriate  
12 instruction and supervision for these activities where  
13 appropriate."